



ACSM 2026 **FINAL PROGRAM AND EXHIBIT GUIDE**

Showcasing the latest in exercise
science, practice and policy

#ACSM26

acsm.org/annual-meeting/

 **ACSM26**
ANNUAL MEETING

Tues. May 26 – Fri. May 29, 2026
Salt Lake City, UT



Message from the President

Dear Attendees:

On behalf of the ACSM Board of Trustees, Annual Meeting Program Committee and staff, it is my pleasure to welcome you to the 73rd Annual Meeting of the American College of Sports Medicine®.

This meeting is a cornerstone of our shared commitment to advancing science, education and professional practice. I am especially honored to welcome you this year to Utah, a place I am proud to call home. Since joining ACSM in 1999, I have experienced firsthand the strength of this community, and it is especially meaningful to gather here with all of you.

Throughout my presidency, I have embraced the idea of “Moving Together to Move Forward.” That spirit is reflected in gatherings like this one, where collaboration and shared purpose help drive our field ahead.

During the meeting, you will have the opportunity to connect with colleagues from around the world who share your passion for science, clinical practice and education. I encourage you to take full advantage of the sessions, conversations and networking opportunities, whether reconnecting with colleagues or meeting new ones. These encounters form the basis for many future collaborations and, more importantly, lifelong friendships.

We hope this experience energizes your work, sparks new ideas and supports your professional growth. By participating and applying what you learn, you are helping advance ACSM’s mission to educate and empower professionals to advance the science and practice of health and human performance.

I would also like to thank ACSM President-Elect Karin Pfeiffer, PhD, FACSM, FNAK; Program Committee Chair Eric S. Rawson, PhD, FACSM; and the Program Committee for their dedication in developing such an outstanding program.

Please be sure to join us for our Town Hall on Wednesday, May 27, from 11:45 a.m. to 12:45 p.m. in Convention Center Room 255B. There are some critical updates and discussions to be had about the next chapter in ACSM’s history that require your input. As a member-driven organization, your voice matters, and this is an important opportunity to share your perspectives.

Finally, I hope you enjoy your time in Salt Lake City. Take in the spectacular views of the Wasatch Mountains, visit the Great Salt Lake, and explore the city’s vibrant neighborhoods, dining and local culture. You won’t be disappointed.

Thank you for being here and for being part of what moves ACSM forward!

Warmest Regards,



Carrie A. Jaworski, MD, FACSM, FAAFP
ACSM President, 2025–2026

Table of Contents

Message from the President	2	Award Recognition	25
Session Locations	3	Research Grants	26
Objectives.....	3	Member Hub/Student Lounge	27
Target Audience.....	3	Code of Conduct.....	28
Accreditations	3	Exhibit Guide	29-44
Conference Attendee Information.....	4	Advertising	45-54
Keynote and President’s Lectures.....	5	ACSM Heritage, Legacy, Premier, Loyal and Returning Exhibitor Recognition.....	57
Named Lectures	5	ACSM Ticketed Event	58
Session Definitions	6	Sponsored Events	58
Programming.....	7-21	2026 Annual Meeting Sponsors	inside back cover
Program Committee	22	2026 Annual Meeting Online/ 2027 Annual Meeting Save the Date.....	back cover
Online Component Promotion	23-24		
Online Exclusive Sessions.....	24		

Conference Information

Session Locations

All education sessions, registration, exhibits, poster sessions and special interest group meetings take place in the Salt Lake City Palace Convention Center. Specific room names appear on the mobile app and online program planner. Social events are scheduled at the Hyatt Regency Salt Lake City (noted “Hyatt Regency-room” in the schedule). Signage through the building and the ACSM mobile app augments the information in this program.

Objectives

At the conclusion of the Annual Meeting, participants should be able to:

1. Analyze state-of the art and innovative basic science, applied science, and clinical medicine in the areas of exercise, fitness, health, and physical performance.
2. Recognize the importance of basic science research as it relates to diseases and conditions that exist due to physical inactivity.
3. Assess how physical activity research and practice contributes to public health and health equity in diverse populations

Clinically Specific Objectives:

4. Analyze the role of early strength development in the pediatric population in promoting health and performance across the lifespan to support lifelong active aging
5. Adapt virtual exercise programs and digital health tools to the needs of older adults including those with chronic diseases to increase accessibility to physical activity and health promotion programs in older adults
6. Apply shared principles from cancer rehabilitation and sports medicine to develop personalized exercise programs that address pain management, functional recovery, and activities of daily living in cancer patients and survivors to optimize quality of life
7. Evaluate how generative AI can enhance the effectiveness of prescribing exercise in clinical practice to produce personalized exercise prescriptions
8. Identify the key physiological and clinical contributors to underperformance in athletes including nutritional deficiencies, overtraining, inadequate recovery, and sleep dysfunction in order to support optimal recovery in athletes.

Target Audience

ACSM members and professionals interested in the field of sports medicine and exercise science.

Accreditation

The American College of Sports Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



AMA/PRA Credits

The American College of Sports Medicine designates this live activity for a maximum of 27 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

BOC – CEUs

American College of Sports Medicine (BOC AP#: P401) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 27 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.



ACSM CECs

The American College of Sports Medicine's Professional Education Committee certifies that this continuing education offering meets the criteria for a maximum of 27 hours of ACSM continuing education credit.

AAFP

The AAFP has reviewed 2026 ACSM Annual Meeting and deemed it acceptable for up to 27.00 Live AAFP Prescribed credit(s). Term of Approval is from 05/26/2026 to 05/29/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Note: the 27 hours for CME credits only include sessions (excluding abstract/clinical case sessions) in the categories of Athlete Care and Clinical Medicine (AC), Exercise is Medicine (EIM), as well as the Joseph B. Wolfe Memorial Lecture, the D.B. Dill Historical Lecture, and the President's Lectures.

How to Obtain Credits

Instructions for obtaining continuing education credits and continuing medical education credits will be e-mailed to attendees 3-4 weeks following the Annual Meeting. E-mail meeting@acsm.org with questions.

Conference Attendee Information

Registration Hours

	Open	Close
Tuesday	10 a.m.	6 p.m.
Wednesday	6:30 a.m.	6 p.m.
Thursday	7 a.m.	6 p.m.
Friday	7 a.m.	2:30 p.m.

Speaker Ready Room

Room: CC-254A

Tuesday, May 26: 10 a.m. to 6 p.m.

Wednesday, May 27 - Friday, May 29: 7 a.m. to 5 p.m.

Convention Center & Hyatt Regency (HQ) Wi-Fi:

SSID Username: ACSM2026

Password: acsm2026

Name Badges

Badges must be worn at all times to gain admission to the exhibit hall, poster sessions, educational sessions and ACSM social events. Your guests must purchase and wear badges as well. (ALL exercise science/sports medicine professionals in attendance should be registered as regular attendees). Please hang on to your original badge! Replacement badges cost \$25.

Photography/Video Recording

General Photography and Social Media Etiquette

ACSM strives to create a participatory environment at its meetings that encourages learning and facilitates dialogue. Generally, taking photos, live-tweeting and sharing annual meeting experiences on social media are welcomed. It is the attendee's responsibility to avoid distraction to others by using devices in a sensible, respectful and conscientious manner.

Restrictions on Photography, Recording, or other Copying of Presentations and Data

Presenters of session and poster content may not wish to have their presentations or research photographed, recorded or shared on X, Facebook or other social networks. Presenters will be asked to make an announcement before and during their presentations if such capturing and recording is allowed. If there is no announcement or other permission granted, attendees are asked to refrain from photography and recording. Since content may be at different points of journal submission or other formal processes, ACSM asks for compliance by all attendees with presenter desires regarding photography and social media, whether allowed in whole or part or not at all.

ACSM Annual Meeting Yearly Spotlight:

Physical Activity, Exercise and Technology

ACSM's commitment to advancing health through science continues to evolve alongside emerging innovations that shape how we move, measure, and motivate. In 2026, ACSM's Annual Meeting Spotlight focuses on the powerful convergence of Physical Activity, Exercise and Technology. Technology is transforming how physical activity is studied, prescribed, and experienced—from wearable devices and AI-driven interventions to virtual platforms and advanced diagnostics. This year's spotlight explores the intersection of basic, applied, and/or clinical science as it relates to the collective impact of physical activity, exercise, and technological advancement. Sessions in this track reflect how innovations in technology enhance scientific understanding, clinical outcomes, performance, or population health. Through this spotlight, ACSM aims to highlight research and initiatives that are not only shaping the future of the field, but also advancing its mission to extend and enrich lives through the power of movement.



Lectures

Keynote Lectures



Joseph B. Wolfe Memorial Lecture
**Molecules, Medals & Medicine:
Maximizing Human Potential
Through Exercise & Technology**
Wednesday: 8 – 9:15 a.m.
Room: CC-Ballroom North Foyer
John A. Hawley, PhD
Australian Catholic University,
Melbourne, Australia



D.B. Dill Historical Lecture
May the Force Be with Youth
Thursday: 10:15 – 11:15 a.m.
Room: CC-Ballroom North Foyer
Avery D. Faigenbaum, EdD, FACSM,
ACSM-CEP, ACSM-EP
The College of New Jersey, Ewing, NJ

President's Lectures



**Bridging the Gap or Falling
Behind: How Academia-Industry
Partnerships Are No Longer
Optional for Exercise Science**
Friday: 12:45 – 1:35 p.m.
Room: CC-255B
Rachele Pojednic, PhD, FACSM
Restore Hyper Wellness, Stanford
University, Stanford, CA



**Unleashing Global Potential:
The Rising Power of Women
in Sport**
Friday: 12:45 – 1:35 p.m.
Room: CC-255E
Amber Donaldson, DPT, FACSM
United States Olympic & Paralympic
Committee, Colorado Springs, CO

Named Lectures



Charles M. Tipton Tutorial Lecture
**Endurance Exercise Physiology:
What Do We Know and
When Did We Learn It?**
Wednesday: 5 – 5:50 p.m.
Room: CC-255E
Michael J. Joyner, MD, FACSM
Mayo Clinic & Foundation,
Rochester, MN

**Presented by
Technogym**



**Morris/Paffenbarger/Blair EIM
Keynote Lecture**
**Frontiers in Human
Performance Research: Insights
from Biomechanical Simulation
and Machine Learning**
Wednesday: 9:30 – 11 a.m.
Room: CC-255E
Scott Delp, PhD
Stanford University, Stanford, CA



**Josephine L. Rathbone & Barbara L.
Drinkwater Named Lecture**
**Because of Your Footsteps,
More Women Will Follow**
Thursday: 8 – 9:30 a.m.
Room: CC-255E
Elizabeth A. Joy, MD, MPH, FACSM
Family, Sports & Lifestyle Medicine
Physician, Salt Lake City, UT



John R. Sutton Clinical Lecture
**“Everything Everywhere All at
Once”: Attaining Achievable
Goals Amidst Chaos –
No Matter Your Career Stage**
Friday: 11 – 11:50 a.m.
Room: CC-255E
Cindy J. Chang, MD, FACSM
University of California, San Francisco,
San Francisco, CA

Session Definitions

Named and Special Lectures

D.B. Dill Historical Lecture: This lecture deals with the history of sports medicine and exercise science. In memory of one of ACSM's past presidents and prominent figure in the development of sports medicine and exercise science in America, D. Bruce Dill, Ph.D. This lecture is presented unopposed from all other sessions.

Charles M. Tipton Tutorial Lecture: This lecture is in the area of exercise physiology in honor of Charles M. Tipton, Ph.D.

J.B. Wolffe Memorial Lecture: The keynote address at the Annual Meeting is in memory of one of ACSM's founders, and first president, Joseph B. Wolffe, M.D. This session is offered unopposed from other sessions.

Josephine L. Rathbone & Barbara L. Drinkwater Named Lecture: This lecture is in honor of one of ACSM's founders and the first female recipient of an ACSM citation award, Josephine L. Rathbone, and ACSM's first female president and female recipient of the ACSM Honor award, Barbara L. Drinkwater.

John R. Sutton Clinical Lecture: This is in the area of clinical and the research aspect of medicine in honor of John R. Sutton, M.D. This session is offered unopposed from any other clinical offerings.

President's Lecture: These sessions are plenary lectures entitled President's Lectures recognizing great contributions to the fields of sports medicine and exercise science. The topics will reflect many of the various disciplines that comprise the unique and diverse nature of the American College of Sports Medicine®. These lectures are presented by leaders in the field whose individual contributions have helped define and advance sports medicine.

Morris/Paffenbarger/Blair EIM Keynote Lecture: This is in the area of physical activity in honor of Jeremy N. Morris, DSc, DPH; Ralph S. Paffenbarger Jr., MD, ScD; and Steven N. Blair, PED.

90-Minute Formats

Highlighted Symposia: These sessions were created to enhance the quality of science at the annual meeting. They showcase basic quality science and cutting-edge research or sports medicine within the annual meeting topical areas. They include in-depth scientific lectures in new and exciting areas of research delivered by experts in their respective fields.

Symposium: In-depth scientific and state-of-the-art lectures in important areas of research and clinical practice. Symposia include three to four speakers, with time allotted for an introduction and overview and overall discussion.

50-Minute Formats:

Clinical Workshop: This session is a hands-on small group demonstration of current examinations and treatment modalities of sports medicine problems. Clinical workshops are limited to 40 people; therefore, space in the meeting room is available on first arrival.

Colloquium: A colloquium is an interactive discussion on a topic or issue in sports medicine, exercise science or clinical practice. These are informal presentations that give the attendees a chance to "meet the expert."

Tutorial Lecture: A critical review and analysis of the current state of knowledge in a field in sports medicine, exercise science or clinical practice. The lecture should familiarize attendees with the basics of a subject and progress to current issues, questions, problems, and the frontier of knowledge.

Abstract Sessions:

Clinical Case Slide Session: Clinical Case Papers are in six categories: cardiovascular; general medicine; head, neck and spine; mental health; musculoskeletal; and special populations. The case presentation outlines 1) History, 2) Physical Examination, 3) Differential Diagnosis, 4) Test/Results, 5) Final/Working Diagnosis, and 6) Treatment and Outcomes.

Free Communication/Poster Session: Poster sessions are available in one-and-a-half-hour time blocks for viewing, with the authors present to answer any questions and discuss their research with attendees. The last half hour of each poster session is unopposed by other educational programming.

Free Communication/Slide Session: Presentation of an abstract in a free communication/slide session is limited to a maximum of 10 minutes, followed by a five-minute period of open discussion from the audience. Each contains a Purpose, Methods, Results and Conclusion.

Rapid Fire Platform: Presentation of an abstract in a free communication/slide session in a compact format limited to a maximum of five minutes for an oral presentation, plus an additional five minutes for questions and answers. Each presentation contains a Purpose, Methods, Results, and Conclusion.

Thematic Poster Session: Thematic poster presentations are 90 minutes in duration. For the first part, attendees view the posters. The second part consists of a five-minute synopsis of each poster by the first author, with discussion moderated by the chair to include the audience.

Programming Schedule (Session Order)

Key to Sessions

(AC)	Athlete Care and Clinical Medicine	(EB)	Epidemiology and Biostatistics	(PA)	Physical Activity/Sedentary Behavior/Health Promotion Interventions	keynotes, named lectures
(BI)	Biomechanics and Neural Control of Movement	(EIM)	Exercise is Medicine®	(PS)	Psychology, Behavior and Neurobiology	highlighted symposia
(CV)	Cardiovascular, Renal, Immune and Respiratory Physiology	(FA)	Fitness Assessment, Exercise Training, and Performance of Athletes and Healthy People	(SK)	Skeletal Muscle, Bone and Connective Tissue	Sessions in bold are 2026 Spotlight Sessions on “Physical Activity, Exercise and Technology”
(CEP)	Clinical Exercise Physiology and Chronic Disease	(HE)	Health Equity	(PD)	Professional Development/ Organizational Information	Speaker Disclaimer: Session and speaker information is subject to change. Speakers' names and institution information are listed as submitted.
(EN)	Environmental and Occupational Physiology	(NM)	Nutrition, Metabolism, and Endocrinology			

Tuesday, May 26, 2026

Time	Sess#	Session Type	Session Title	Room	Category
9 a.m. to Noon		Event	EIM National Center Director's Meeting (invite only)	Hyatt Regency-Brighton	
10 a.m. to 6 p.m.		Hours	Registration Open (Tuesday)	CC-North Foyer	
10 a.m. to 6 p.m.		Hours	Speaker Ready Room Hours (Tuesday)	CC-254A	
10 a.m. – 1 p.m.	PC-01	Pre-Conference	The Physiology of Hydration: More than Water Alone	Hyatt Regency-Salt Lake C	(NM)
12:30 – 2 p.m.	A-01	Symposium	Active Aging Begins in Childhood: Pediatric Exercise Counseling and Exercise Therapeutics as the Foundation for Active Aging	CC-355A	(EIM)
12:30 – 2 p.m.	A-02	Symposium	Algorithms in Action: Technology-Enabled Lifestyle Interventions in Cancer Care	CC-355E	(CEP)
12:30 – 2 p.m.	A-03	Symposium	Biological Responses to Endurance and Resistance Exercise: Findings from the Molecular Transducers of Physical Activity Consortium (MoTrPAC)	CC-355B	(NM)
1 – 3 p.m.	PC-02	Pre-Conference	ACSM Media Spokesperson Pre-Conference - Standing up for Science: Promoting Evidence in a Misinformed World	CC-355D	(PD)
2:15 – 3:45 p.m.	A-04	Symposium	Menopause and Movement: Strengthening Bones, Boosting Brains, and Protecting Hearts with Exercise	CC-355B	(PA)
2:15 – 3:45 p.m.	A-05	Symposium	Special Topics in Pediatrics: Translational Research, Equipment and Injury Prevention, and Specialized Clinical Management	CC-355E	(AC)
2:15 – 3:05 p.m.	A-06	Tutorial Lecture	Power-Up with Tools and Technology: Enhancing Exercise, Motivation, and Glucose Control with Continuous Glucose Monitors	CC-355A	(FA)
3 to 6 p.m.		Hours	Student Lounge Hours (Tuesday)	CC-150G	
3 – 5 p.m.	PC-03	Pre-Conference	Student and Early Career Preconference: The Science and Art of Mentorship: Empowering the Next Generation of Leaders	CC-251D	(PD)
4 – 5:30 p.m.	A-07	Symposium	Beyond Brawn: Rethinking Muscle Weakness and Optimizing Rehabilitation of Patients with Knee Joint Injury	CC-355A	(BI)
4 – 5:30 p.m.	A-08	Symposium	Resistance Exercise-Induced Hypertrophy: Mechanisms and Emerging Technologies	CC-355B	(SK)
4 – 5:30 p.m.	A-09	Symposium	Strength in Motion: Integrating Technology and Science to Advance Exercise Rehabilitation Across the Cancer Care Continuum	CC-355E	(AC)

Tuesday, May 26, 2026

Time	Sess#	Session Type	Session Title	Room	Category
5:45 – 6:35 p.m.	A-10	Tutorial Lecture	From Microbiome to Muscle: Integrative Pathways to Whole-Body Health	CC-355B	(NM)
5:45 – 6:35 p.m.	A-11	Tutorial Lecture	Real World Monitoring of Adolescent Concussion- Leveraging Wearable Data into Clinical Care	CC-355E	(AC)
5:45 – 6:35 p.m.	A-12	Tutorial Lecture	Real-World Research, Real-World Impact: Designing Exercise Studies With Stakeholders, Not For Them	CC-355A	Not eligible for CME credit.
5:45 – 6:45 p.m.		Event	First Time Attendee Networking Event	Hyatt Regency-Salt Lake Foyer South	
6 – 7 p.m.		Event	Leadership Development Training Program (By invitation only)	Hyatt Regency-Snowbird	
6:45 – 7:45 p.m.		Event	Fireside Chat: Inside the Journey: Olympians & Paralympians Up Close	Hyatt Regency-Salt Lake C	
7:30 – 8:30 p.m.		Event	Meet Your Mentor (By invitation only)	Hyatt Regency-Snowbird	

Wednesday, May 27, 2026

6:30 a.m. to 6 p.m.		Hours	Registration Open (Wednesday)	CC-North Foyer	
6:30 – 8 a.m.		Event	Past President's Breakfast	Hyatt Regency-Aspen	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Wednesday)	CC-254A	
8 – 9:15 a.m.	B-01	Joseph B. Wolffe Memorial Lecture	Molecules, Medals & Medicine: Maximizing Human Potential Through Exercise & Technology)	CC-Ballroom North Foyer	(PD)
9 a.m. to 5 p.m.		Hours	Student Lounge Hours (Wednesday)	CC-150G	
9:30 – 11 a.m.	B-02	Highlighted Symposium	Exercise based Nature Prescription: Innovations in Outdoor Health, Safety, and Rehabilitation	CC-255B	(PA)
9:30 – 11 a.m.	B-03	Symposium	Advances in the Evaluation and Treatment of Achilles Tendinopathy	CC-255A	(AC)
9:30 – 11 a.m.	B-04	Symposium	From Genes to Training: Rethinking Genomic Applications in Sports Science	CC-251D	(SK)
9:30 – 11 a.m.	B-05	Symposium	Functional Aging in Motion: Longitudinal Evidence Linking Bioenergetics, Physical Activity, and Performance	CC-255D	(EB)
9:30 – 11 a.m.	B-06	Symposium	Interpreting Muscle Loss During GLP-1 Therapy: Measurement, Evidence, and Practical Solutions	CC-355B	(NM)
9:30 – 11 a.m.	B-07	Symposium	Strong at Every Stage: Exercise Insights for Pregnancy, Postpartum, and Menopause	CC-155A	(FA)
9:30 – 11 a.m.	B-08	Symposium	Stuck in Bed or Floating in Space: Understanding the Cardiovascular Consequences of Inactivity and Benefits of Exercise	CC-155E	(CV)
9:30 – 11 a.m.	B-09	Symposium	Tech-Enhanced Engagement: Leveraging Technology to Support Family-Centered Physical Activity	CC-Grand Ballroom A	(HE)
9:30 – 11 a.m.	B-10	Morris/Paffenbarger/Blair EIM Keynote Lecture	Frontiers in Human Performance Research: Insights from Biomechanical Simulation and Machine Learning	CC-255E	(EIM)
9:30 – 10:20 a.m.	B-11	Exchange Lecture	American Medical Society for Sports Medicine Exchange Lecture - AMSSM Collaborative Research Network Outcomes	CC-355E	(AC)
9:30 – 11 a.m.	B-12	Thematic Poster	Blood Flow Restriction and Performance	CC-250A	(FA)
9:30 – 11 a.m.	B-13	Thematic Poster	Exercise Testing Thematic	CC-251A	(CEP)
9:30 – 11 a.m.	B-14	Thematic Poster	Psychological Considerations in Active Duty Military and Veterans	CC-250D	(PS)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
9:30 – 11 a.m.	B-15	Free Communication/Slide	Patterns and Changes in Physical Activity: Implications for Healthy Aging and Disease Outcomes	CC-155D	(EB)
9:30 – 11 a.m.	B-16	Rapid Fire Platform	Mechanisms and Modifiers of Running-Related Injury	CC-Grand Ballroom B	(BI)
9:30 – 11 a.m.	B-17	Clinical Case Slide	Find the Lesion: 1	CC-355D	(AC)
9:30 – 10:45 a.m.	B-18	Clinical Case Slide	The Air We Breathe	CC-355A	(AC)
Poster Sessions B-19 through B-35: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
10 – 11:30 a.m.	B-19	Free Communication/Poster	Behavioral Coaching, Motivational Interviewing, and Education	CC-Hall D	(PA)
10 – 11:30 a.m.	B-20	Free Communication/Poster	Cellular and Molecular Physiology Related to these Systems	CC-Hall D	(SK)
10 – 11:30 a.m.	B-21	Free Communication/Poster	Cellular/Molecular	CC-Hall D	(CV)
10 – 11:30 a.m.	B-22	Free Communication/Poster	Cognitive and Mental Health Outcomes of Physical Activity	CC-Hall D	(PA)
10 – 11:30 a.m.	B-23	Free Communication/Poster	Concussion and Head Injury	CC-Hall D	(AC)
10 – 11:30 a.m.	B-24	Free Communication/Poster	Concussion	CC-Hall D	(BI)
10 – 11:30 a.m.	B-25	Free Communication/Poster	Concussion	CC-Hall D	(PS)
10 – 11:30 a.m.	B-26	Free Communication/Poster	Dietary Supplements	CC-Hall D	(NM)
10 – 11:30 a.m.	B-27	Free Communication/Poster	Environmental and Occupational Physiology	CC-Hall D	(EN)
10 – 11:30 a.m.	B-28	Free Communication/Poster	Exercise is Medicine on Campus	CC-Hall D	(EIM)
10 – 11:30 a.m.	B-29	Free Communication/Poster	Exercise Oncology Posters	CC-Hall D	(CEP)
10 – 11:30 a.m.	B-30	Free Communication/Poster	Exercise Science Education	CC-Hall D	(PS)
10 – 11:30 a.m.	B-31	Free Communication/Poster	Exergaming, Online, or Virtual Programming	CC-Hall D	(PA)
10 – 11:30 a.m.	B-32	Free Communication/Poster	Movement Disorders and Neurological Injury	CC-Hall D	(BI)
10 – 11:30 a.m.	B-33	Free Communication/Poster	Physical Activity and Health Epidemiology	CC-Hall D	(EB)
10 – 11:30 a.m.	B-34	Free Communication/Poster	Resistance Training	CC-Hall D	(FA)
10 – 11:30 a.m.	B-35	Free Communication/Poster	Sport Performance	CC-Hall D	(FA)
11:45 a.m. – 12:45 p.m.		Event	ACSM Town Hall	CC-255B	
Noon to 7 p.m.		Hours	Exhibit Hall Open (Wednesday)	CC-Hall C	
Noon to 7 p.m.		Hours	ACSM Member Hub Hours (see full schedule here)	Booth #417	
1 – 2:30 p.m.	C-01	Highlighted Symposium	Skeletal Muscle Mitochondria in Aging Humans: New Ideas About an Ancient Organelle	CC-255B	(SK)
1 – 2:30 p.m.	C-02	Highlighted Symposium	The Intersection of Technology, Culture, and Care: Operationalizing ACSM's Health Equity Framework in Exercise Interventions	CC-255E	(HE)
1 – 2:30 p.m.	C-03	Symposium	Navigating Intra-articular Hip Pathology Through Pregnancy: From Womb to Baby	CC-355E	(AC)
1 – 2:30 p.m.	C-04	Symposium	Optimizing Tactical Readiness: Translational Insights from 5 Years of Human Performance Data in U.S. Special Operations	CC-155A	(FA)
1 – 2:30 p.m.	C-05	Symposium	Physical Activity for Life: Clinical Strategies for Adolescents on Obesity Management Medications	CC-355B	(CEP)
1 – 2:30 p.m.	C-06	Symposium	The ACSM Fitness Trends Report: Moving from Data to Practice	CC-251D	(PD)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1 – 2:30 p.m.	C-07	Symposium	The Whole Runner: A Holistic Approach to Advancing Performance, Research, and Innovation	CC-155E	(BI)
1 – 2:30 p.m.	C-08	Symposium	Understanding Body Composition and its Effects on Exercise Physiology	CC-Grand Ballroom A	(CV)
1 – 1:50 p.m.	C-09	Tutorial Lecture	Making a Splash and a Difference: Innovative Aquatic Exercise Programs for Clinical and Underserved Populations	CC-255A	(EIM)
1 – 1:50 p.m.	C-10	Exchange Lecture	American Academy of Pediatrics Exchange Lecture - The Effects of Technology on Physical Activity in Children	CC-255D	(AC)
1 – 2:30 p.m.	C-11	Thematic Poster	Environmental and Occupational Physiology - cold stress	CC-250A	(EN)
1 – 2:30 p.m.	C-12	Thematic Poster	Let's Talk About Sex...Hormones	CC-250D	(NM)
1 – 2:30 p.m.	C-13	Thematic Poster	Psychological Effects of Mindfulness-Based Activities	CC-251A	(PS)
1 – 2:30 p.m.	C-14	Free Communication/Slide	Women's Health and Performance	CC-155D	(FA)
1 – 2:30 p.m.	C-15	Rapid Fire Platform	Physical Activity Assessment	CC-Grand Ballroom B	(EB)
1 – 2:15 p.m.	C-16	Clinical Case Slide	Find the Lesion: 2	CC-355A	(AC)
1 – 2:30 p.m.	C-17	Clinical Case Slide	You Gotta Have Heart	CC-355D	(AC)
Poster Sessions C-18 through C-34: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
1:30 – 3 p.m.	C-18	Free Communication/Poster	ACL: Strength, Performance, and Return-to-Sport	CC-Hall D	(BI)
1:30 – 3 p.m.	C-19	Free Communication/Poster	Assessment of Exercise is Medicine	CC-Hall D	(EIM)
1:30 – 3 p.m.	C-20	Free Communication/Poster	Brain Blood Flow and Vascular Function	CC-Hall D	(CV)
1:30 – 3 p.m.	C-21	Free Communication/Poster	Exploring Physical Activity Related Outcomes in College Students	CC-Hall D	(PA)
1:30 – 3 p.m.	C-22	Free Communication/Poster	Impact of parents and neighborhood environment on physical activity	CC-Hall D	(PA)
1:30 – 3 p.m.	C-23	Free Communication/Poster	Neuromotor Control, Posture, Balance, and Gait	CC-Hall D	(BI)
1:30 – 3 p.m.	C-24	Free Communication/Poster	Pediatric Clinical Exercise Physiology Posters	CC-Hall D	(CEP)
1:30 – 3 p.m.	C-25	Free Communication/Poster	Physical Activity and Health in Adolescents and Young Adults	CC-Hall D	(EB)
1:30 – 3 p.m.	C-26	Free Communication/Poster	Physical Activity, Fitness, and Health Across Early and Middle Childhood	CC-Hall D	(HE)
1:30 – 3 p.m.	C-27	Free Communication/Poster	Randomized Control Trials in Young Adults or Adults	CC-Hall D	(PA)
1:30 – 3 p.m.	C-28	Free Communication/Poster	RPE, Pain, Fatigue	CC-Hall D	(PS)
1:30 – 3 p.m.	C-29	Free Communication/Poster	Skeletal Muscle, Bone and Connective Tissue - Other	CC-Hall D	(SK)
1:30 – 3 p.m.	C-30	Free Communication/Poster	Sleep and Recovery Science	CC-Hall D	(FA)
1:30 – 3 p.m.	C-31	Free Communication/Poster	Sport Science	CC-Hall D	(FA)
1:30 – 3 p.m.	C-32	Free Communication/Poster	Sports Biomechanics I	CC-Hall D	(BI)
1:30 – 3 p.m.	C-33	Free Communication/Poster	Sports Nutrition	CC-Hall D	(NM)
1:30 – 3 p.m.	C-34	Free Communication/Poster	Trunk and Extremity Conditions	CC-Hall D	(AC)
2 – 4:30 p.m.		Event	President's Cup Competition	Hyatt Regency-Salt Lake D	
3:15 – 4:45 p.m.	C-35	Highlighted Symposium	Injectable and Other Novel Performance Substances – Risks and Challenges	CC-255B	(NM)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
3:15 – 4:45 p.m.	C-36	Symposium	ACSM Journals Symposium: Updates, Opportunities, and Papers of the Year	CC-255E	(PD)
3:15 – 4:45 p.m.	C-37	Symposium	Advancing Equity in Concussion Care: Development and Validation of the Para SCAT6 for Wheelchair Athletes	CC-355E	(AC)
3:15 – 4:45 p.m.	C-38	Symposium	Blood Lactate Metabolism and VO2 Max., Applied to Test Different Sport Disciplines to Support Training Programs	CC-155E	(FA)
3:15 – 4:45 p.m.	C-39	Symposium	Bridging Gaps in Tactical Nutrition: A Food-First, but Not Food Only Approach to Improve Health, Performance, and Readiness	CC-355B	(EN)
3:15 – 4:45 p.m.	C-40	Symposium	From Evidence to Engagement: Translational Research that Moves Women's Sports Forward	CC-255A	(PS)
3:15 – 4:45 p.m.	C-41	Symposium	Quantitative Imaging in Injury, Performance, and Rehabilitation – Empty Promises or the Next Frontier?	CC-255D	(BI)
3:15 – 4:45 p.m.	C-42	Symposium	The Revised ACSM Position Stand on Resistance Training: What's New?	CC-155A	(EIM)
3:15 – 4:45 p.m.	C-43	Symposium	Using Technology to Bridge Gaps in Physical Activity Access and Engagement Across the Lifespan	CC-Grand Ballroom A	(HE)
3:15 – 4:05 p.m.	C-44	Colloquium	The Emerging Challenge of both Muscle Loss and Obesity in Youth: Hidden Risks and Opportunities for Early Interventions	CC-251D	(PA)
3:15 – 4:45 p.m.	C-45	Thematic Poster	Exercise Oncology Thematic Presentations	CC-250A	(CEP)
3:15 – 4:45 p.m.	C-46	Thematic Poster	Physical Activity and Health during Pregnancy	CC-251A	(EB)
3:15 – 4:45 p.m.	C-47	Thematic Poster	Technology and Sport Assessment	CC-250D	(AC)
3:15 – 4:45 p.m.	C-48	Free Communication/Slide	Mental Health	CC-155D	(PS)
3:15 – 4:25 p.m.	C-49	Rapid Fire Platform	Interventions for Reducing Resting and Exercise Hypertension	CC-Grand Ballroom B	(CV)
3:15 – 4:45 p.m.	C-50	Clinical Case Slide	Everything, Everywhere: 1	CC-355A	(AC)
3:15 – 4:45 p.m.	C-51	Clinical Case Slide	Unhappy Feet: 1	CC-355D	(AC)
5 – 5:50 p.m.	C-52	Tutorial Lecture	Exercise Blood Pressure for the Identification of Uncontrolled Hypertension: Recommendations to Support Best-Practices by ACSM CEPs	CC-355A	(CEP)
5 – 5:50 p.m.	C-53	Tutorial Lecture	Exercise Buddy: Translating Evidence-Based Practice into Technology for Autism and IDD	CC-Grand Ballroom A	(FA)
5 – 5:50 p.m.	C-54	Tutorial Lecture	How Does Marijuana REALLY Impact Athletic Performance?	CC-355B	(AC)
5 – 5:50 p.m.	C-55	Tutorial Lecture	Nature as Medicine: Evidence Based Approaches to Mental Health in Outdoor Environments	CC-155E	(PS)
5 – 5:50 p.m.	C-56	Tutorial Lecture	New Perspectives on Muscle Protein Breakdown during Disuse Atrophy	CC-255B	(SK)
5 – 5:50 p.m.	C-57	Tutorial Lecture	Public Health Surveillance of Physical Activity: Taking Another Step Forward with Accelerometers	CC-251D	(EB)
5 – 5:50 p.m.	C-58	Tutorial Lecture	The Team Physician Consensus Statement: Selected Issues for the Master Athlete and the Team Physician: 2026 Update	CC-355D	(AC)
5 – 5:50 p.m.	C-59	Colloquium	Decoding Underperformance: From Nutritional Deficiency and Overtraining to Recovery Gaps and Subclinical Dysfunctions	CC-355E	(AC)
5 – 5:50 p.m.	C-60	Charles M. Tipton Tutorial Lecture	Endurance Exercise Physiology: What Do We Know and When Did We Learn It?	CC-255E	(PD)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
5 – 5:50 p.m.	C-61	Exchange Lecture	European College of Sports Science Exchange Lecture - Going to Altitude Without Going to the Hospital	CC-155A	(EN)
5:15 – 6:15 p.m.		Event	Early Career Professional Meet-Up	CC-150G	
5:30 – 6:30 p.m.		Event	Opening Reception in Exhibit Hall	CC-Hall C	
6 – 7 p.m.		Event	EIM On Campus Recognition	Hyatt Regency- Salt Lake D	
6:20 – 7:50 p.m.		Event	Aging Special Interest Group Meeting	CC-155A	
6:20 – 7:50 p.m.		Event	Bone and Osteoporosis Network Exchange Special Interest Group Meeting	CC-355B	
6:20 – 7:50 p.m.		Event	Built Environment and Active Transportation Special Interest Group Meeting	CC-255A	
6:20 – 7:50 p.m.		Event	Epidemiology, Biostatistics, and Public Health Special Interest Group Meeting	CC-251D	
6:20 – 7:50 p.m.		Event	Health Equity Research Special Interest Group Meeting	CC-355A	
6:20 – 7:50 p.m.		Event	Medical and Wellness Issues in the Performing Arts Special Interest Group Meeting	CC-155D	
6:20 – 7:50 p.m.		Event	Medicine and Science of Team Sports Special Interest Group Meeting	CC-355E	
6:20 – 7:50 p.m.		Event	Military and Tactical Athlete AND Strength and Conditioning Specialties Special Interest Group Meeting	CC-155E	
6:20 – 7:50 p.m.		Event	Psychobiology and Behavior Special Interest Group Meeting	CC-255D	
6:20 – 7:50 p.m.		Event	Youth Sports and Exercise Science Special Interest Group Meeting	CC-355D	
6:30 – 7:30 p.m.		Event	President's Reception (invite only)	Hyatt Regency- Salt Lake Foyer South	
6:30 – 8 p.m.		Event	Female and Male Athlete Triad Coalition Annual Meeting	Hyatt Regency-Solitude	
7 – 9 p.m.		Event	EIM International Social (invite only)	Hyatt Regency-Park City	
7:30 p.m.		Event	Midwest ACSM Regional Chapter Off-Site Social	Gracie's	
7:30 – 9 p.m.		Event	Student Bowl	Hyatt Regency-Salt Lake C	

Thursday, May 28, 2026

7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Thursday)	CC-254A	
7 a.m. to 6 p.m.		Hours	Registration Open (Thursday)	CC-North Foyer	
8 – 9:30 a.m.	D-01	Highlighted Symposium	Integrating Science, Sport, and Software: A Strong Youth Project Initiative	CC-255B	(AC)
8 – 9:30 a.m.	D-02	Symposium	Ambitious Research Projects Involving Elite Athletes - How and What Can We Learn	CC-255A	(NM)
8 – 9:30 a.m.	D-03	Symposium	Exercise and Cancer – From Nice to Have to Need to Know	CC-155E	(EIM)
8 – 9:30 a.m.	D-04	Symposium	Exercise vs. Mimetics: Can Pills and Protocols Match the Power of Physical Activity?	CC-355B	(SK)
8 – 9:30 a.m.	D-05	Symposium	From MVPA to the 24 Hour Day: Novel Device- Based Measures of Physical Behavior for Emerging Issues and Surveillance	CC-255D	(EB)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
8 – 9:30 a.m.	D-06	Symposium	Leveraging Technology to Support Healthy Lifestyles for Older Adults: From Assessment to Care Delivery	CC-155A	(HE)
8 – 9:30 a.m.	D-07	Symposium	Post-Exertional Malaise: New ACSM Guidelines, Biological Insights, and Implications for Exercise Prescription	CC-Grand Ballroom A	(CV)
8 – 9:30 a.m.	D-08	Symposium	Tech-Integrated Return to Sport: A Multidisciplinary Model for Post-Operative Decision Making	CC-251D	(BI)
8 – 8:50 a.m.	D-09	Clinical Workshop	Pelvic Floor on Stage	CC-355E	(FA)
8 – 9:30 a.m.	D-10	Thematic Poster	Environmental and Occupational Physiology - heat stress and fluid balance	CC-250A	(EN)
8 – 9:30 a.m.	D-11	Thematic Poster	Military and First Responder Performance	CC-250D	(FA)
8 – 9:30 a.m.	D-12	Thematic Poster	Nutrition and Exercise Interventions for Weight Management and Metabolism	CC-251A	(NM)
8 – 9:30 a.m.	D-13	Free Communication/Slide	Relationships with Physical Activity and Sleep in College Students	CC-155D	(PA)
8 – 9:20 a.m.	D-14	Rapid Fire Platform	Sleep & Sedentary Behavior	CC-Grand Ballroom B	(PS)
8 – 9:30 a.m.	D-15	Clinical Case Slide	A Leg to Stand On: 1	CC-355A	(AC)
8 – 9:30 a.m.	D-16	Clinical Case Slide	Back in Action	CC-355D	(AC)
8 – 9:30 a.m.	D-17	Josephine L. Rathbone & Barbara L. Drinkwater Named Lecture	Because of Your Footsteps, More Women Will Follow	CC-255E	(PD)
Poster Sessions D-18 through D-30: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
8:30 – 10 a.m.	D-18	Free Communication/Poster	ACL: Gait, Loading, and Joint Mechanics	CC-Hall D	(BI)
8:30 – 10 a.m.	D-19	Free Communication/Poster	Aging and Older Adults I	CC-Hall D	(BI)
8:30 – 10 a.m.	D-20	Free Communication/Poster	Body Composition	CC-Hall D	(FA)
8:30 – 10 a.m.	D-21	Free Communication/Poster	Energy Expenditure	CC-Hall D	(NM)
8:30 – 10 a.m.	D-22	Free Communication/Poster	Immune Function Responses to Exercise	CC-Hall D	(CV)
8:30 – 10 a.m.	D-23	Free Communication/Poster	Mechanical Aspects of Performance	CC-Hall D	(FA)
8:30 – 10 a.m.	D-24	Free Communication/Poster	Mental Health	CC-Hall D	(PS)
8:30 – 10 a.m.	D-25	Free Communication/Poster	Musculoskeletal Injury and Rehabilitation	CC-Hall D	(BI)
8:30 – 10 a.m.	D-26	Free Communication/Poster	Physical Activity and Weight Loss Outcomes	CC-Hall D	(PA)
8:30 – 10 a.m.	D-27	Free Communication/Poster	Physical Activity Training for Healthcare Providers and Exercise Professionals	CC-Hall D	(EIM)
8:30 – 10 a.m.	D-28	Free Communication/Poster	Physiology and Mechanics of Bone and Connective Tissue	CC-Hall D	(SK)
8:30 – 10 a.m.	D-29	Free Communication/Poster	Sport Injury Incidence	CC-Hall D	(EB)
8:30 – 10 a.m.	D-30	Free Communication/Poster	Sports Medicine Fellow Abstracts and Clinical Cases	CC-Hall D	(AC)
9 a.m. to 5 p.m.		Hours	Student Lounge Hours (Thursday)	CC-150G	
9:30 a.m. to 5 p.m.		Hours	Exhibit Hall Open (Thursday)	CC-Hall C	
9:30 a.m. to 5 p.m.		Hours	ACSM Member Hub Hours (see full schedule here)	Booth #417	
10:15 – 11:15 a.m.	D-31	D.B. Dill Historical Lecture	May the Force Be with Youth	CC-Ballroom North Foyer	(PD)
11:30 a.m. to 12:20 p.m.	D-32	Tutorial Lecture	A Roadmap to Professional Success and Leading Others: What it Takes to Take Charge?	CC-251D	(PD)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
11:30a.m. to 12:20p.m.	D-33	Tutorial Lecture	Advocacy in Action: ACSM's Key Contact Program, Policy Efforts, and Today's Political Landscape	CC-255A	(PA)
11:30a.m. to 12:20p.m.	D-34	Tutorial Lecture	Bidirectionality of Wearable-based 24-hour Movement and Brain Health	CC-355B	(EB)
11:30a.m. to 12:20p.m.	D-35	Tutorial Lecture	Feasibility and Efficacy of Two Combined Structured Exercise Training Programs in Patients with Hypertrophic Cardiomyopathy	CC-Grand Ballroom A	(CV)
11:30a.m. to 12:20p.m.	D-36	Tutorial Lecture	From Bias to Breakthrough: Toward Optimizing Self-Reports in Physical Activity Research & Practice	CC-255B	(PS)
11:30a.m. to 12:20p.m.	D-37	Tutorial Lecture	Fueling Performance in the Digital Age: Integrating Technology into Sport Nutrition Practice	CC-155A	(NM)
11:30a.m. to 12:20p.m.	D-38	Tutorial Lecture	Rethinking Hydration: The Case for 'Underhydration' as a Distinct Performance and Health Risk	CC-255E	(EN)
11:30a.m. to 12:20p.m.	D-39	Tutorial Lecture	Swimming/Immersion Induced Pulmonary Edema	CC-255D	(AC)
11:30a.m. to 12:20p.m.	D-40	Colloquium	Addressing the Underutilization of Qualified Exercise Professionals within Obesity Management: Reframing Fitness Culture	CC-155E	(EIM)
11:30a.m. to 12:20p.m.	D-41	Clinical Workshop	Band Camp and Beyond - Unique Physical Demands of Marching Arts Athletes	CC-355E	(AC)
Noon – 1 p.m.		Event	EIM Active Aging Town Hall	Hyatt Regency-Salt Lake D	
Noon – 1 p.m.		Event	Emeriti Lunch	Hyatt Regency-Aspen	
1 – 1:50 p.m.	E-01	Tutorial Lecture	DIY Hydration Science: The Efficacy of Hydration Self-Assessment to Determine Urine Concentration	CC-155E	(NM)
1 – 1:50 p.m.	E-02	Tutorial Lecture	Enhancing Insulin Sensitivity Through Exercise: Strategies to Maximize its Effects across Organs	CC-355B	(CEP)
1 – 1:50 p.m.	E-03	Tutorial Lecture	Is Less More? Shortening Intense Bouts to Enhance Health and Performance	CC-155A	(FA)
1 – 1:50 p.m.	E-04	Tutorial Lecture	Learn by Reviewing: How to Perform Quality Peer Reviews and Develop as a Writer (ACSM Publications Committee)	CC-255D	(PD)
1 -- 1:50 p.m.	E-05	Tutorial Lecture	Not Junk: Small RNAs as Biomarkers and Regulators of Exercise Resilience	CC-255B	(SK)
1 – 1:50 p.m.	E-06	Tutorial Lecture	Wearable Technology in Sports Medicine: Clinical Insights and Real-World Applications	CC-255E	(BI)
1 – 1:50 p.m.	E-07	Colloquium	A New Discipline on the Podium: The Evolution of Gymnastics Medicine	CC-355A	(AC)
1 – 1:50 p.m.	E-08	Colloquium	Marketing to Move: Health Communication Strategies to Encourage Physical Activity Across Diverse Populations	CC-Grand Ballroom A	(HE)
1 – 1:50 p.m.	E-09	Colloquium	Prevention, Recognition and Management of Musculoskeletal Failure	CC-251D	(AC)
1 – 1:50 p.m.	E-10	Exchange Lecture	National Athletic Trainers' Association Exchange Lecture - Psychological Contributors to Pain Following Sport-Related Injury	CC-355D	(AC)
1 – 1:50 p.m.	E-11	Clinical Workshop	Exercise is Medicine – On Campus Registration Workshop	CC-355E	(EIM)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2 – 3:30 p.m.	E-12	Highlighted Symposium	Exercise and the Brain: Interactions of Cerebral Blood Flow, Insulin Sensitivity and Arterial Health on Dementia Risk	CC-255B	(PS)
2 – 3:30 p.m.	E-13	Highlighted Symposium	I Have the Power! The Importance of Assessment and Programming for Power in Older Adults	CC-355E	(FA)
2 – 3:30 p.m.	E-14	Highlighted Symposium	Novel Insights into the Determinants of Endurance Exercise Performance	CC-255E	(CV)
2 – 3:30 p.m.	E-15	Symposium	Advancing ACL Rehabilitation: Targeting Biological Barriers in Brain, Muscle, and Movement Biomechanics	CC-251D	(BI)
2 – 3:30 p.m.	E-16	Symposium	Beyond the Individual: Investigating the Geosocial Drivers of Youth Sport and Physical Activity in America	CC-Grand Ballroom A	(EB)
2 – 3:30 p.m.	E-17	Symposium	From Rehabilitation to Exercise - How to Connect Oncology Patients to the Right Service at the Right Time Throughout Care	CC-255A	(CEP)
2 – 3:30 p.m.	E-18	Symposium	Optimizing Health and Performance in Winter Sport: Team USA's Integrated Approach for Milano-Cortina 2026	CC-255D	(AC)
2 – 3:30 p.m.	E-19	Symposium	Women in High-Stress Occupations: The Impact of Circadian Disruption on Health and Performance	CC-155A	(EN)
2 – 2:50 p.m.	E-20	Tutorial Lecture	Integrating Digital Health Technologies to Make the FITT in Exercise Prescriptions More Precise	CC-155E	(EIM)
2 – 2:50 p.m.	E-21	Tutorial Lecture	Ushering in a New Era of Concussion Treatment	CC-355B	(AC)
2 – 3:30 p.m.	E-22	Thematic Poster	Health Outcomes on pre- and post Menopausal Women	CC-250A	(PA)
2 – 3:30 p.m.	E-23	Thematic Poster	Mechanical Loading and Tissue Response in Human Movement	CC-250D	(BI)
2 – 3:30 p.m.	E-24	Thematic Poster	Myosteatorsis, Mitochondria, and Cardiometabolic Disease	CC-251A	(SK)
2 – 3:30 p.m.	E-25	Free Communication/Slide	Environmental and Occupational Physiology - altitude and hypoxia	CC-155D	(EN)
2 – 3:20 p.m.	E-26	Rapid Fire Platform	Nutrition Supplements + Ergogenic Aids	CC-Grand Ballroom B	(NM)
2 – 3:30 p.m.	E-27	Clinical Case Slide	Everything, Everywhere: 2	CC-355A	(AC)
2 – 3:30 p.m.	E-28	Clinical Case Slide	Shoulder Symptoms: 1	CC-355D	(AC)
Poster Sessions E-29 through E-44: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
2:30 – 4 p.m.	E-29	Free Communication/Poster	Ability Status	CC-Hall D	(SK)
2:30 – 4 p.m.	E-30	Free Communication/Poster	Aging and Older Adults II	CC-Hall D	(BI)
2:30 – 4 p.m.	E-31	Free Communication/Poster	Ankle Function and Ankle Instability	CC-Hall D	(BI)
2:30 – 4 p.m.	E-32	Free Communication/Poster	Body Composition	CC-Hall D	(NM)
2:30 – 4 p.m.	E-33	Free Communication/Poster	Cardiac	CC-Hall D	(CV)
2:30 – 4 p.m.	E-34	Free Communication/Poster	Cardiopulmonary Testing	CC-Hall D	(FA)
2:30 – 4 p.m.	E-35	Free Communication/Poster	Cardiovascular Posters	CC-Hall D	(CEP)
2:30 – 4 p.m.	E-36	Free Communication/Poster	Environmental and Occupational Physiology - heat stress and fluid balance	CC-Hall D	(EN)
2:30 – 4 p.m.	E-37	Free Communication/Poster	Equity, Inclusion, and Access in Sport, Exercise, and Rehabilitation	CC-Hall D	(HE)
2:30 – 4 p.m.	E-38	Free Communication/Poster	Mental Health and Developmental Disability	CC-Hall D	(AC)
2:30 – 4 p.m.	E-39	Free Communication/Poster	Mood, Affect, Emotion	CC-Hall D	(PS)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2:30 – 4 p.m.	E-40	Free Communication/Poster	Performance during Pregnancy	CC-Hall D	(FA)
2:30 – 4 p.m.	E-41	Free Communication/Poster	Physical Activity and Health in Chronic Conditions	CC-Hall D	(EB)
2:30 – 4 p.m.	E-42	Free Communication/Poster	Physical Activity Promotion for Patients in Healthcare and Community Settings	CC-Hall D	(EIM)
2:30 – 4 p.m.	E-43	Free Communication/Poster	Steps and Physical Activity Measurement	CC-Hall D	(PA)
2:30 – 4 p.m.	E-44	Free Communication/Poster	Late-Breaking Abstracts	CC-Hall D	(PD)
4:15 – 5:45 p.m.	E-45	Symposium	Bringing Cancer Exercise Trials to the Clinic – Transformative Findings from Colon, Lung and Pancreatic Cancer	CC-155E	(CEP)
4:15 – 5:45 p.m.	E-46	Symposium	From the Field to the Clinic: Supporting Special Olympics Athletes Through Fitness, Health, and Research	CC-255A	(AC)
4:15 – 5:45 p.m.	E-47	Symposium	How can we Use and Translate Technological Innovations to Enhance Physical Activity and Population Health?	CC-251D	(HE)
4:15 – 5:45 p.m.	E-48	Symposium	Laced and Loaded: Exploring the Effects of Minimal Footwear in Aging and Injury	CC-155A	(BI)
4:15 – 5:45 p.m.	E-49	Symposium	Novel Mechanistic Views and Delivery Method to Understand the Cognitive Effect of Physical Activity: A Special Case of HIIT	CC-355B	(PS)
4:15 – 5:45 p.m.	E-50	Symposium	Physical Activity for the Prevention and Management of Cardiometabolic Disease over the Reproductive Life Course: What do I Tell my Pregnant Patients?	CC-255D	(PA)
4:15 – 5:45 p.m.	E-51	Symposium	Professionals in Nutrition for Exercise and Sport (PINES) 10 Questions 10 Experts: Myth Busting in Sports Nutrition	CC-255B	(NM)
4:15 – 5:45 p.m.	E-52	Symposium	Trust, Bias and Audits for the Algorithmic Athlete: The Need for Human Judgment in the Age of AI?	CC-255E	(FA)
4:15 – 5:45 p.m.	E-53	Symposium	Updates from Federal Physical Activity Initiatives	CC-Grand Ballroom A	(PD)
4:15 – 5:05 p.m.	E-54	Clinical Workshop	Performance Under Pressure: Applied Mental Toughness Strategies for Professionals in Health, Sport, and Human Potential	CC-355E	(AC)
4:15 – 5:45 p.m.	E-55	Thematic Poster	Effects of Age, Sex, and Race on Cardiovascular Function	CC-250A	(CV)
4:15 – 5:45 p.m.	E-56	Thematic Poster	Neuromechanical Consequences of Sport-Related Concussion	CC-250D	(BI)
4:15 – 5:45 p.m.	E-57	Thematic Poster	Sport Injury: Incidence and Impact	CC-251A	(EB)
4:15 – 5:45 p.m.	E-58	Free Communication/Slide	Obesity & Weight Management Slide Presentation	CC-155D	(CEP)
4:15 – 5:45 p.m.	E-59	Rapid Fire Platform	Environmental and Occupational Physiology	CC-Grand Ballroom B	(EN)
4:15 – 5:45 p.m.	E-60	Clinical Case Slide	Lend Me a Hand and More	CC-355A	(AC)
4:15 – 5:45 p.m.	E-61	Clinical Case Slide	Take a Knee: 1	CC-355D	(AC)
6 – 6:50 p.m.	E-62	Tutorial Lecture	ACSM in Spanish: A Historic Step Building Bridges	CC-255B	(PD)
5 – 7 p.m.		Event	New England ACSM Regional Chapter Social	Hyatt Regency-Regency D	
5 – 8 p.m.		Event	HPL Alumni & Friends Social	Hyatt Regency-Park City	
5 – 8 p.m.		Event	Northwest ACSM Regional Chapter Off-Site Social	Squatter's Pub Brewery	
5:30 – 7:30 p.m.		Event	University of Illinois Alumni, Faculty and Friends Reception	Hyatt Regency-Regency C	

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
6 – 7 p.m.		Clinical Poster/Reception	Clinician's Reception with Poster Presentations	Hyatt Regency-Salt Lake D	
6 – 7 p.m.		Event	Basic Science Reception	Hyatt Regency-Alta	
6 – 9 p.m.		Event	2026 KS-ACSM Annual Meeting	Hyatt Regency-Traverse	
6:15 – 7:45 p.m.		Event	Biomechanics Special Interest Group Meeting	Hyatt Regency-Salt Lake C	
6:15 – 7:45 p.m.		Event	Cancer Special Interest Group Meeting	CC-155A	
6:15 – 7:45 p.m.		Event	Combat Sports Special Interest Group Meeting	CC-155E	
6:15 – 7:45 p.m.		Event	Environmental and Occupational Physiology Special Interest Group Meeting	CC-355B	
6:15 – 7:45 p.m.		Event	Exercise Science Education Special Interest Group Meeting	CC-255D	
6:15 – 7:45 p.m.		Event	Nutrition Special Interest Group Meeting	CC-255A	
6:15 – 7:45 p.m.		Event	Physiological and Biological Mechanisms Underlying Health and Performance Special Interest Group Meeting	CC-355D	
6:15 – 7:45 p.m.		Event	Pregnancy and Postpartum Special Interest Group Meeting	CC-355E	
6:30 – 8 p.m.		Event	WK Author and Editor Reception	Hyatt Regency-Regency B	
7 – 9 p.m.		Event	Mid-Atlantic ACSM Regional Chapter Off-Site Social	Hyatt Regency-Contribution Lounge	
8 – 9 p.m.		Event	ACCESS Reception (invite only)	Hyatt Regency-Salt Lake E	
8 – 9 p.m.		Event	International Social (invite only)	Hyatt Regency-Regency A	
8 – 9:30 p.m.		Event	Central States and Northland ACSM Regional Chapters Social	Hyatt Regency-Aspen	
8 – 9:30 p.m.		Event	Southeast ACSM Regional Chapter Event	Hyatt Regency-Salt Lake D	

Friday, May 29, 2026

6 – 9 a.m.		Event	Avenues Ridge Guided Hike	Avenues Ridge	
7 a.m. to 2:30 p.m.		Hours	Registration Open (Friday)	CC-North Foyer	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Friday)	CC-254A	
8 – 8:50 a.m.	F-01	Tutorial Lecture	Decoding the Wobble: Motor Control Dysfunction after Concussion	CC-155A	(BI)
8 – 8:50 a.m.	F-02	Tutorial Lecture	Developing the Exercise Oncology Workforce: Learning from the CARES Lab	CC-155E	(EIM)
8 – 8:50 a.m.	F-03	Tutorial Lecture	Hemoglobin Dissociation, Lactic Acidosis, and the Single Occupancy Conjecture: Can Aerobic and Anaerobic Mechanisms Co-exist?	CC-355B	(CEP)
8 – 8:50 a.m.	F-04	Tutorial Lecture	Holy Smokes, Gauging the Risk of Exercising Downwind from a Wildfire	CC-251D	(EN)
8 – 8:50 a.m.	F-05	Tutorial Lecture	Imaging the Athlete: Foundations and Frontiers in Musculoskeletal and Body Composition Analysis	CC-255B	(SK)
8 – 8:50 a.m.	F-06	Tutorial Lecture	Training for Two: Intergenerational Programming of Postpartum Maternal Exercise via Breast Milk	CC-255A	(FA)
8 – 8:50 a.m.	F-07	Tutorial Lecture	Under Pressure: Elite Athlete Mental Health	CC-255E	(AC)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
8 – 8:50 a.m.	F-08	Colloquium	Comprehensive Integration in Collegiate Athletics: A Holistic Model for Health, Performance, and Sustainability	CC-Grand Ballroom A	(PD)
8 – 8:50 a.m.	F-09	Exchange Lecture	American Osteopathic Academy of Sports Medicine Exchange Lecture - The Sports Medicine Application of Osteopathic Manual Medicine as an Approach to the Care of the Whole Athlete	CC-355E	(AC)
8 – 8:50 a.m.	F-10	Exchange Lecture	The Obesity Society Exchange Lecture - Exercise in the GLP-1 Era: Physiology vs. the Reality that May not be Considered	CC-255D	(CEP)
9 a.m. to 3 p.m.		Hours	Student Lounge Hours (Friday)	CC-150G	
9 – 10:30 a.m.	F-11	Highlighted Symposium	Environmental Challenges at the 2026 FIFA World Cup: An Evidence-informed Framework to Optimize Player Health and Performance	CC-255B	(EN)
9 – 10:30 a.m.	F-12	Highlighted Symposium	Leveraging Technology to Promote Physical Activity and Health Behavior Changes in Older Adults	CC-255E	(EIM)
9 – 10:30 a.m.	F-13	Symposium	“Rising from Ashes” - Physiology of Exercise Intolerance in Long COVID Patients and Effective Recovery Strategies	CC-355E	(CEP)
9 – 10:30 a.m.	F-14	Symposium	CAQ Review	CC-355B	(AC)
9 – 10:30 a.m.	F-15	Symposium	Heterogenous Responses to Modulators of Substrate Oxidation, Muscle Anabolism, and Physical Performance	CC-155E	(SK)
9 – 10:30 a.m.	F-16	Symposium	Moving Toward Resilience: Lifespan Impacts and Translational Mechanisms of Physical Activity on Mental, Cognitive, and Brain Health	CC-155A	(PS)
9 – 10:30 a.m.	F-17	Symposium	Respiratory Consequences of Obesity: Mechanistic Insights Across the Lifespan	CC-Grand Ballroom A	(CV)
9 – 10:30 a.m.	F-18	Symposium	Rewriting the Interdisciplinary Playbook: Athletes’ Gut Assessment and Intervention	CC-251D	(NM)
9 – 10:30 a.m.	F-19	Symposium	Swimming Upstream: Systems, Access, and Advocacy for Equity in Sports and Healthcare	CC-255A	(HE)
9 – 9:50 a.m.	F-20	Tutorial Lecture	Art & Science: Elevating the Standards of High-Performance Return to Sport	CC-255D	(AC)
9 – 10:30 a.m.	F-21	Thematic Poster	24 hour Movement and Timing of Exercise	CC-250A	(PA)
9 – 10:30 a.m.	F-22	Thematic Poster	Biomechanics After ACL Injury: Loading, Asymmetry, and Intervention Effects	CC-250D	(BI)
9 – 10:30 a.m.	F-23	Thematic Poster	Patterns and Trends in Physical Activity and Sedentary Behavior Surveillance	CC-251A	(EB)
9 – 10:30 a.m.	F-24	Free Communication/Slide	Glycemic Control, Insulin Sensitivity, and Metabolic Flexibility	CC-155D	(NM)
9 – 10:30 a.m.	F-25	Rapid Fire Platform	Technology Apps and Wearable Devices in Performance	CC-Grand Ballroom B	(FA)
9 – 10:15 a.m.	F-26	Clinical Case Slide	Shoulder Symptoms: 2	CC-355A	(AC)
9 – 10:15 a.m.	F-27	Clinical Case Slide	Take a Knee: 2	CC-355D	(AC)
9:30 – 10:30 a.m.		Event	Accessibility Focus Group	Hyatt Regency-Brighton	
9:30 a.m. to 1 p.m.		Hours	Exhibit Hall Open (Friday)	CC-Hall C	
9:30 a.m. to 1 p.m.		Hours	ACSM Member Hub Hours (see full schedule here)	Booth #417	
Poster Sessions F-28 through F-41: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
9:30 – 11 a.m.	F-28	Free Communication/Poster	Assessment of Dietary Intake and Eating Related Behaviors	CC-Hall D	(NM)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
9:30 – 11 a.m.	F-29	Free Communication/Poster	Athletic Medical Issues	CC-Hall D	(AC)
9:30 – 11 a.m.	F-30	Free Communication/Poster	Clinical Exercise Physiology Posters	CC-Hall D	(CEP)
9:30 – 11 a.m.	F-31	Free Communication/Poster	Endurance Performance	CC-Hall D	(FA)
9:30 – 11 a.m.	F-32	Free Communication/Poster	Environmental and Occupational Physiology - occupational or military physiology and medicine	CC-Hall D	(EN)
9:30 – 11 a.m.	F-33	Free Communication/Poster	Fitness and Muscle Strength Epidemiology	CC-Hall D	(EB)
9:30 – 11 a.m.	F-34	Free Communication/Poster	Footwear	CC-Hall D	(BI)
9:30 – 11 a.m.	F-35	Free Communication/Poster	Injury Predictors and Prevalence	CC-Hall D	(EB)
9:30 – 11 a.m.	F-36	Free Communication/Poster	Neuroscience	CC-Hall D	(PS)
9:30 – 11 a.m.	F-37	Free Communication/Poster	Relationships between Physical Activity and Various Outcomes in Youth	CC-Hall D	(PA)
9:30 – 11 a.m.	F-38	Free Communication/Poster	Running Gait, Performance, and Injury	CC-Hall D	(BI)
9:30 – 11 a.m.	F-39	Free Communication/Poster	Skeletal Muscle Physiology	CC-Hall D	(SK)
9:30 – 11 a.m.	F-40	Free Communication/Poster	Vascular Function	CC-Hall D	(CV)
9:30 – 11 a.m.	F-41	Free Communication/Poster	Youth Performance	CC-Hall D	(FA)
11 – 11:50 a.m.	F-42	Tutorial Lecture	Brown Adipose Tissue as a Target for Improving Cold Resilience	CC-155E	(EN)
11 – 11:50 a.m.	F-43	Tutorial Lecture	Building a University-Based Cancer Rehabilitation Program: A Collaborative Model for Student Education and Patient Care	CC-355E	(EIM)
11 – 11:50 a.m.	F-44	Tutorial Lecture	Can Diet Save You from Your Chair? Comparison of Diet vs. Exercise for Reducing Health Risks of Too Much Sitting	CC-355B	(PA)
11 – 11:50 a.m.	F-45	Tutorial Lecture	Exercise and Kidney Physiology: Clinical Implications, Biomarkers, and Emerging Technologies	CC-155A	(CV)
11 – 11:50 a.m.	F-46	Tutorial Lecture	High Impact Practices: Engaging the Next Generation of Exercise Science Professionals	CC-255B	(PD)
11 – 11:50 a.m.	F-47	Tutorial Lecture	Integrating Psychological Skills Training via Tech-Driven Solutions to Reduce Sport-Related Injury Risk	CC-Grand Ballroom A	(PS)
11 – 11:50 a.m.	F-48	Tutorial Lecture	Making Weight the Right Way: Weight Reduction and Nutrition Recommendations for Wrestlers	CC-251D	(NM)
11 – 11:50 a.m.	F-49	Tutorial Lecture	Navigating Data Sovereignty in the Digital Age: Technology Security Planning for Tribal Nations Exercise Research	CC-255D	(HE)
11 – 11:50 a.m.	F-50	Colloquium	Lost in Translation: Navigating the Science-to-Practice Gap in Autism & Exercise	CC-255A	(EB)
11 – 11:50 a.m.	F-51	John R. Sutton Clinical Lecture	“Everything Everywhere All at Once”: Attaining Achievable Goals Amidst Chaos -- No Matter Your Career Stage	CC-255E	(AC)
12:45 – 1:35 p.m.	G-01	President’s Lecture	Bridging the Gap or Falling Behind: How Academia-Industry Partnerships Are No Longer Optional for Exercise Science	CC-255B	Not eligible for CME credit.
12:45 – 1:35 p.m.	G-02	President’s Lecture	Unleashing Global Potential: The Rising Power of Women in Sport	CC-255E	(PD)
1:45 – 3:15 p.m.	G-03	Highlighted Symposium	Adolescent Running: Special Considerations for Injury, Biomechanics, and Medical Event Coverage	CC-255B	(BI)
1:45 – 3:15 p.m.	G-04	Highlighted Symposium	Methodological Advances Driven by the MoTrPAC Design	CC-255E	(EB)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1:45 – 3:15 p.m.	G-05	Symposium	Recent Advances in Sports Injury and Illness Epidemiology Within the United States Olympic and Paralympic Committee	CC-255A	(AC)
1:45 – 3:15 p.m.	G-06	Symposium	Dietary and Sport Supplement Recommendations for Peak Cognitive Performance	CC-155A	(NM)
1:45 – 3:15 p.m.	G-07	Symposium	Novel Comparisons of Submaximal CPET Data across Databases and the Life Span	CC-355E	(CEP)
1:45 – 3:15 p.m.	G-08	Symposium	Physical Activity, Sedentary Behavior, Cardiorespiratory Fitness, and Dementia Risk: Insights from Behavioral Economics	CC-355B	(PA)
1:45 – 3:15 p.m.	G-09	Symposium	Physical Activity, Training Intensity, and Cardiorespiratory Fitness as Modulators of Mortality: Implications for the “Extreme Exercise Hypothesis”	CC-155E	(FA)
1:45 – 3:15 p.m.	G-10	Symposium	Stress Physiology in Modern Warfare: Adaptation, Maladaptation, and Performance	CC-251D	(EN)
1:45 – 2:35 p.m.	G-11	Tutorial Lecture	ACSM Certifications & Credentials in Motion: Strategy, Advocacy, and the Future of Professional Standards	CC-Grand Ballroom A	(PD)
1:45 – 2:35 p.m.	G-12	Colloquium	The Venn Diagram of Sports Medicine and Wilderness Medicine	CC-255D	(AC)
1:45 – 3:15 p.m.	G-13	Thematic Poster	Community Voices and Culturally Responsive Physical Activity Interventions	CC-250A	(HE)
1:45 – 3:15 p.m.	G-14	Thematic Poster	Investigations of Pulmonary System Function	CC-250D	(CV)
1:45 – 3:15 p.m.	G-15	Thematic Poster	Psychological Effects of Resistance Training	CC-251A	(PS)
1:45 – 3:15 p.m.	G-16	Free Communication/Slide	Skeletal Muscle Energetics in Health and Disease	CC-155D	(SK)
1:45 – 3:15 p.m.	G-17	Rapid Fire Platform	Youth Physical Activity Interventions	CC-Grand Ballroom B	(PA)
1:45 – 3:15 p.m.	G-18	Clinical Case Slide	Stuck in the Middle	CC-355A	(AC)
1:45 – 3:15 p.m.	G-19	Clinical Case Slide	Unhappy Feet: 2	CC-355D	(AC)
Poster Sessions G-20 through G-37: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
2:15 – 3:45 p.m.	G-20	Free Communication/Poster	Acute Exercise Responses	CC-Hall D	(CV)
2:15 – 3:45 p.m.	G-21	Free Communication/Poster	Assessment	CC-Hall D	(EB)
2:15 – 3:45 p.m.	G-22	Free Communication/Poster	Behavioral Aspects of Physical Activity	CC-Hall D	(PS)
2:15 – 3:45 p.m.	G-23	Free Communication/Poster	Cardiometabolic Health Posters	CC-Hall D	(CEP)
2:15 – 3:45 p.m.	G-24	Free Communication/Poster	Cognition	CC-Hall D	(PS)
2:15 – 3:45 p.m.	G-25	Free Communication/Poster	Endocrinology And Metabolism	CC-Hall D	(NM)
2:15 – 3:45 p.m.	G-26	Free Communication/Poster	Energy Availability, Female Athlete Triad, Relative Energy Deficiency in Sport, and Disordered Eating	CC-Hall D	(NM)
2:15 – 3:45 p.m.	G-27	Free Communication/Poster	Evaluating Physical Activity Programs	CC-Hall D	(PA)
2:15 – 3:45 p.m.	G-28	Free Communication/Poster	Exercise for Healthy Aging: Physiological Foundations, Functional Benefits, and Economic Impact	CC-Hall D	(HE)
2:15 – 3:45 p.m.	G-29	Free Communication/Poster	Exercise Interventions Among Older Adults	CC-Hall D	(PA)
2:15 – 3:45 p.m.	G-30	Free Communication/Poster	Exercise is Medicine for Older Adults	CC-Hall D	(EIM)
2:15 – 3:45 p.m.	G-31	Free Communication/Poster	Neuromuscular Posters	CC-Hall D	(CEP)
2:15 – 3:45 p.m.	G-32	Free Communication/Poster	Oxygen Delivery and Utilization During Exercise	CC-Hall D	(CV)
2:15 – 3:45 p.m.	G-33	Free Communication/Poster	Performance and Aging	CC-Hall D	(FA)
2:15 – 3:45 p.m.	G-34	Free Communication/Poster	Physical Activity Epidemiology and Older Adults	CC-Hall D	(EB)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2:15 – 3:45 p.m.	G-35	Free Communication/Poster	Sport Specific Conditions	CC-Hall D	(AC)
2:15 – 3:45 p.m.	G-36	Free Communication/Poster	Sports Biomechanics II	CC-Hall D	(BI)
2:15 – 3:45 p.m.	G-37	Free Communication/Poster	Tailoring Physical Activity Programs or Survey Measures to Specific Populations	CC-Hall D	(PA)
4 – 5:30 p.m.	G-38	Highlighted Symposium	New Exercise Guidelines for Older Cancer Survivors: Development, Dissemination, and Implementation into the Digital World	CC-255B	(CEP)
4 – 5:30 p.m.	G-39	Symposium	Centering Physical Activity in Obesity Care Around the Lived Experience: Integrating Biology, Behavior, and Environment	CC-251D	(NM)
4 – 5:30 p.m.	G-40	Symposium	Ctrl + Alt + Tech: Potentials and Pitfalls of Extended Realities in Sports Medicine and Exercise Science	CC-255A	(BI)
4 – 5:30 p.m.	G-41	Symposium	Grub, Drugs, and Rock ‘N’ Roll; Strategies for Optimal Bone Health	CC-255E	(SK)
4 – 5:30 p.m.	G-42	Symposium	Not Everyone Who Plays Contact Sport Gets CTE - What Are We Missing? Variability in Brain Health Outcomes in Former Athletes.	CC-255D	(PS)
4 – 4:50 p.m.	G-43	Tutorial Lecture	“Houston, We Have a Problem... We are Losing Our Gains”: Combating the Detrimental Effects of Spaceflight on the Human Body	CC-155A	(EN)
4 – 4:50 p.m.	G-44	Tutorial Lecture	Footwear in Runners throughout the Lifespan	CC-355E	(AC)
4 – 4:50 p.m.	G-45	Tutorial Lecture	Fueling Recovery and Performance: How Sleep Shapes the Athletic Edge	CC-355B	(AC)
4 – 4:50 p.m.	G-46	Tutorial Lecture	Moments That Matter: Optimizing the Timing of Physical Activity and Sedentary Behavior Interventions Through Technology	CC-155E	(PA)
4 – 4:50 p.m.	G-47	Tutorial Lecture	Respiration at High Intensity Levels in Athletes	CC-Grand Ballroom A	(CV)
4 – 5:30 p.m.	G-48	Thematic Poster	Barriers and Facilitators to Implementing Exercise is Medicine on Campus	CC-250A	(EIM)
4 – 5:30 p.m.	G-49	Thematic Poster	Dietary Protein and Muscle Protein Synthesis	CC-250D	(NM)
4 – 5:30 p.m.	G-50	Thematic Poster	Pregnancy and Postpartum Exercise	CC-251A	(FA)
4 – 5:30 p.m.	G-51	Free Communication/Slide	Neural and Sensorimotor Control of Balance and Gait in Aging	CC-155D	(BI)
4 – 5:30 p.m.	G-52	Clinical Case Slide	A Leg to Stand On: 2	CC-355A	(AC)
4 – 5:30 p.m.	G-53	Clinical Case Slide	Everything, Everywhere: 3	CC-355D	(AC)
5:45 – 9 p.m.		Event	ACSM Honors (ticket required)	Hyatt Regency-Salt Lake C	

Program Committee

Eric S. Rawson, PhD, FACSM (Chair)
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FACSM
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For assistance, please visit the registration desk or contact event staff.

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Online Component

Sessions that will be recorded this week and will be available as part of the online component.

B-01	Joseph B. Wolfe Memorial Lecture	Molecules, Medals & Medicine: Maximizing Human Potential Through Exercise & Technology
B-02	Highlighted Symposium	Exercise based Nature Prescription: Innovations in Outdoor Health, Safety, and Rehabilitation
B-10	Morris/Paffenbarger/ Blair EIM Keynote Lecture	Frontiers in Human Performance Research: Insights from Biomechanical Simulation and Machine Learning
C-01	Highlighted Symposium	Skeletal Muscle Mitochondria in Aging Humans: New Ideas About an Ancient Organelle
C-02	Highlighted Symposium	The Intersection of Technology, Culture, and Care: Operationalizing ACSM's Health Equity Framework in Exercise Interventions
C-35	Highlighted Symposium	Injectable and Other Novel Performance Substances – Risks and Challenges
C-36	Symposium	ACSM Journals Symposium: Updates, Opportunities, and Papers of the Year
C-56	Tutorial Lecture	New Perspectives on Muscle Protein Breakdown during Disuse Atrophy
C-60	Charles M. Tipton Tutorial Lecture	Endurance Exercise Physiology: What Do We Know and When Did We Learn It?
D-01	Highlighted Symposium	Integrating Science, Sport, and Software: A Strong Youth Project Initiative
D-17	Josephine L. Rathbone & Barbara L. Drinkwater Named Lecture	Because of Your Footsteps, More Women Will Follow
D-31	D.B. Dill Historical Lecture	May the Force Be with Youth
D-36	Tutorial Lecture	From Bias to Breakthrough: Toward Optimizing Self-Reports in Physical Activity Research & Practice
D-38	Tutorial Lecture	Rethinking Hydration: The Case for 'Underhydration' as a Distinct Performance and Health Risk
E-05	Tutorial Lecture	Not Junk: Small RNAs as Biomarkers and Regulators of Exercise Resilience
E-06	Tutorial Lecture	Wearable Technology in Sports Medicine: Clinical Insights and Real-World Applications
E-12	Highlighted Symposium	Exercise and the Brain: Interactions of Cerebral Blood Flow, Insulin Sensitivity and Arterial Health on Dementia Risk
E-14	Highlighted Symposium	Novel Insights into the Determinants of Endurance Exercise Performance
E-52	Symposium	Trust, Bias and Audits for the Algorithmic Athlete: The Need for Human Judgment in the Age of AI?

Online Component (continued)

F-05	Tutorial Lecture	Imaging the Athlete: Foundations and Frontiers in Musculoskeletal and Body Composition Analysis
F-07	Tutorial Lecture	Under Pressure: Elite Athlete Mental Health
F-11	Highlighted Symposium	Environmental Challenges at the 2026 FIFA World Cup: An Evidence-informed Framework to Optimize Player Health and Performance
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G-02	President’s Lecture	Unleashing Global Potential: The Rising Power of Women in Sport
G-03	Highlighted Symposium	Adolescent Running: Special Considerations for Injury, Biomechanics, and Medical Event Coverage
G-04	Highlighted Symposium	Methodological Advances Driven by the MoTrPAC Design
G-38	Highlighted Symposium	New Exercise Guidelines for Older Cancer Survivors: Development, Dissemination, and Implementation into the Digital World
G-41	Symposium	Grub, Drugs, and Rock ‘N’ Roll; Strategies for Optimal Bone Health

Online exclusive sessions — you will not see these sessions delivered here this week

Move, Measure, Analyze: Teaching Fitness Through Real-Time Analytics	(FA)
The Influence of Maternal Exercise on Infant Musculoskeletal Health and Motor Skill Development: A Translational Approach	(SK)
Using Statistical Modeling to Predict Quadriceps Strength Recovery Post Anterior Cruciate Ligament Reconstruction Surgery	(BI)
ACSM American Fitness Index: 18 years and Going Strong!	(EB)
It’s Time to Move: Mobilizing Science and Systems for National Physical Activity Policy Change	(PA)
Sex Sells, But Science Matters: Debunking Fitness Myths for Women	(NM)
Stimulating Performance: Brain Modulation and Cognition in Female Ultramarathon Runners	(PS)
Body Composition and Exercise Physiology Across the Life Span	(CEP)
Collaborative Integration of MDs, CEPs, and Technology for Enhanced Patient Outcomes	(EIM)
What Do You See When You See Me? Health Identity and Bias in Research and Clinical Practice	(HE)

Award Recognition

2026 Honor Award Recipients



**Thomas Best,
MD, PhD, FACSM**

UHealth Sports Medicine
Institute at the
University of Miami
Miami, FL



**Wendy Kohrt,
PhD, FACSM**

University of
Colorado-Anschutz
Aurora, CO

2026 Citation Award Recipients



**NiCole R. Keith, PhD,
FACSM, FNAK**

Indiana University
Department of Kinesiology I
School of Public Health-
Bloomington
Bloomington, IN



**A. William (Bill) Sheel,
PhD, FACSM**

School of Kinesiology at
The University of British Columbia
Vancouver, Canada



**Enette Larson-Meyer,
PhD, RDN, CSSD, FACSM**

Virginia Tech
Blacksburg, VA



**Richard (Rick) Paul
Troiano, PhD**

CAPT, USPHS (Retired)



**Edward R. Laskowski,
MD, CAQSM, FACSM,
FSEM, FRCP**

Mayo Clinic College of Medicine
and Science
Rochester, MN

For more information about this year's Honor and Citation Award Recipients, [go here](#).

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Marcio Griebeler, Cleveland Clinic

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Kameron Suire, Berry College

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Katelyn Webster-Dekker, Regents of the University of Michigan

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Lia McNulty, University of Delaware

Research Endowment

Aaron Zynda, University of Pittsburgh

Xero Shoes' Minimal Footwear Research Grant

Emma Slavin, Worcester Polytechnic Institute

ACSM Leadership, Research & Training Awards

Charles M. Tipton Student Research Award

Thomas Bissen, Florida State University

Leesi George-Komi, University of Michigan

GSSI-ACSM Young Investigator in Sports Nutrition Award

Lois Mouglin, Loughborough University

Holly Emmanuel, Arizona State University

Zan Zupancic, University of Illinois Urbana Champaign

GSSI-ACSM Young Scholar Professional Development Grant

Emily Kyaw, University of North Carolina at Chapel Hill

Tatiana Restrepo, University of Central Florida

GSSI Pathways in Sports Science Award

Akram Falahati, University of Oklahoma

Raul Freire, Arizona State University

Alexandra Brojanac, Texas Tech University

Anthony Ekpo, Ohio University

New Investigator Award

Hana Marmura, University of North Carolina at Chapel Hill

Shirlene Wang, Oregon Health and Science University

Science Integration & Leadership Committee

Basic Science Award

Muhammet Enes Erol, University of Nebraska Omaha

ACSM Foundation Leadership, Research & Travel Awards

Barbara Campaigne Women's Health, Sport & Physical Activity Travel Award

Kathryn Chiang, American Cancer Society

Olivier Chenette-Stewart, Université de Montréal

Amber Schmitz, University of North Carolina at Chapel Hill

Brian C. Focht Student Travel Award

Miguel Negrete, University of Illinois Chicago

Drinkwater Leadership Award in Women's Health, Sport & Physical Activity

Kara Whitaker, University of Iowa

Gail E. Butterfield Nutrition Travel Award

Akram Falahati, University of Oklahoma

Nicholas Foreman, George Washington University

Howard G. "Skip" Knuttgen International Scholar Award

Ellie Miles, University of Surrey

International Student Award

Chiara Felles, University of Pavia

Sarah Johnson, University of Ottawa

Junseong An, Kookmin University

Jack Wilmore Legacy Travel Award

Zeinab Khodaverdi, Teachers College, Columbia University

Shalaya Kipp, Mayo Clinic

Jim and Linda Pivarnik Women's Health, Sport & Physical Activity Travel Award

Sara Mascone, University of Maryland-College Park

Rachel Logue Cook, University of Michigan

Alessandro Guarnieri, University of Parma

Joseph Hamill Access to Science Award

Thomas Demirjian, East Carolina University

Chen Li, Kent State University

Christopher Windon, University of North Carolina at Greensboro

Mariana Jacobs, University of Kentucky

HoWon Kim, University of Michigan

Harry Battersby, Western University

Elham Alijanpour, Old Dominion University

Brenden Roth, Oklahoma State University

Nikou Nikoumanesh, University of Illinois Chicago

Madison Mach Keller, Army Community Hospital

Lisa S. Krivickas Clinician/Scholar Travel Award

Diana Collantes Hoyos, Mayo Clinic

Michael L. Pollock Student Scholarship

Kellie Hoehing, Teachers College, Columbia University

Yujiro Yamada, University of Mississippi

Priscilla Clarkson Undergraduate Travel Award

Madhu Gayathri, Kean University

Invest in the future! Your gift to the ACSM Foundation supports students and early career researchers through awards and grants. Donate by scanning this QR code:



Member Hub



Make the Member Hub your must-stop destination in the exhibit hall (Booth #417). Connect directly with ACSM leaders and staff to learn how to get the most out of your membership and ACSM in general. Plus, jump into **fitness challenges** led by the Southwest ACSM Regional Chapter, Meet the Expert **conversations with named lecturers**, **Ask ACSM** Q&A times, **trivia**, **prizes**, and more. Whether you're looking to learn, connect, or recharge, the Member Hub is your one-stop shop to engage with ACSM all week long.

See the full schedule [here](#).

Student Lounge

Presented by

Barry University
Sport and Exercise Sciences

Lebanon Valley College

THE UNIVERSITY
OF TAMPA



Featured in the Lounge:
Pathways to Possibilities

Sponsored by

THE UNIVERSITY
OF TAMPA

Room: CC-150G

The ACSM Student Lounge is the hub of student engagement activities and career development opportunities. Relax & interact with fellow students. Connect with potential employers through the ACSM Career Center or have your LinkedIn profile or CV reviewed. Light refreshments will be provided.

Tuesday: 3 – 6 p.m.

Wednesday: 9 a.m. to 5 p.m.

Thursday: 9 a.m. to 5 p.m.

Friday: 9 a.m. to 3 p.m.

Chat with professionals working in a variety of diverse fields throughout the week to learn about career paths and ask advice from someone who's been there. View the Pathways to Possibilities Schedule on the ACSM mobile app.

Code of Conduct

American College of Sports Medicine Annual Meeting

The American College of Sports Medicine® (ACSM) is committed to providing a friendly, safe and welcoming environment for all annual meeting participants. We expect all attendees, media, speakers, volunteers, organizers, venue staff, guests and exhibitors to help us ensure a safe and positive conference experience for everyone.

To that end, the expectation is that all participants abide by this code of conduct at all times and in all venues, including ancillary events and all social gatherings.

Expected Behaviors for Participants Include

- Exercising consideration and respect in speech and actions.
- Refraining from demeaning, discriminatory or harassing behavior and speech.
- Contributing to a positive and valuable experience for all participants.
- Being mindful of your surroundings and of fellow participants. Alert ACSM staff if you notice a dangerous situation, someone in distress or violations of this code of conduct.

Unacceptable Behaviors

- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning speech or actions by any participant at the ACSM annual meeting and any related events.
- Harmful or prejudicial verbal or written comments or visual images related to gender, sexual orientation, race, religion, disability or other personal characteristics.
- Inappropriate use of nudity and/or sexual images in public spaces (including presentation slides).
- Deliberate intimidation, stalking or following of other participants.
- Harassing photography.
- Disregarding presenter/author request that attendees not photograph presentations and posters.
- Video and/or audio recording of other participants without their knowledge or consent.
- Recording of scientific and other sessions without the expressed permission of the participants.

- Intentional and sustained disruption of scientific sessions or other events that negatively impacts the experience for other participants.
- Unwelcome and uninvited attention or contact.
- Physical assault (including unwelcome touch or other physical contact).
- Real or implied threat of physical harm.
- Real or implied threat of professional or financial damage or harm.

What to Do if You Witness or Experience Conduct that Violates the Code

The ACSM staff can help participants contact convention center/hotel/venue security or local law enforcement, and otherwise assist those experiencing harassment or other violations of this code of conduct, to enable them to feel safe and to ensure a positive experience for the duration of the annual meeting. We value your attendance, and want to make your experience as productive and professionally stimulating as possible.

If you have an emergency at any time during move-in, the event or move out: Convention Center: please contact Guest Services (Security) at (385)468-2220 to activate emergency response personnel. Hyatt Regency: Dial 55 from any House Phone. For Non-Emergency Security matters, call security at 4007. Hotel Direct Line: (801) 596-1234.

Consequences of Unacceptable Behavior

Unacceptable behavior from any participant at the annual meeting, including attendees, sponsors, exhibitors, contractors, volunteer leaders, vendors and/or venue staff, will not be tolerated. Anyone asked to stop unacceptable behavior is expected to comply immediately.

If a participant engages in unacceptable behavior, ACSM staff may take any action they deem appropriate, including removal from the annual meeting, without refund and/or barring from future ACSM meetings. Egregious violations will result in more severe sanctions, including the possibility of reporting to local law enforcement.



ACSM 2026 EXHIBIT GUIDE

Location: CC-Hall C

#ACSM26

Opening Reception:

Wednesday, May 27 5:30 – 6:30 p.m.

Exhibit Hall Hours:

Wednesday, May 27 Noon to 7 p.m.

Thursday, May 28 9:30 a.m. to 5 p.m.

Friday, May 29 9:30 a.m. to 1 p.m.

acsm.org/annual-meeting/



Index of Exhibitors*

Listed on the following pages are the companies, universities, agencies and organizations participating in the 2026 ACSM Annual Meeting Exposition Hall. In addition to making time for your favorites, please plan to visit our new exhibitors as well.

Exhibitors on this page who are ACSM sponsors are listed in boldface. Their listing in the exhibit guide also is highlighted with a shaded purple box.

Alphabetical Order

325	Activinsights	324	Kubios*
517	AEI Technologies	116	Labfront
824	Alleviate LLC*	706	Lafayette Instrument Company
417,621	American College of Sports Medicine Member Hub	108	Lode BV/Electra-Med Corporation
229	American International College	806	Luminos Pro*
329	AMTI	427	mBrainTrain*
424	Artinis Medical Systems BV	833	MDPI AG*
733	AXIO Centripetal Training*	320	Medi-Dyne*
627	Bertec Corporation	705	MGC Diagnostics
316	BIOPAC Systems, Inc	119	Motion Analysis Corporation*
725	BODYCAP	525	Moxy Monitor
328	Brain Vision LLC*	109	National Strength and Conditioning Association (NSCA)
221	BrainNovations & Vestibular Training Services*	429	NeuFit*
717	Brooks Sports	631	Noraxon USA Inc.
231	BTS Bioengineering	318	Northeast College of Health Sciences*
708	Calmoseptine, Inc	326	Novel Electronics, Inc
727	Cambridge Innovation*	317	Oculogica*
729	Carda Health*	728	OMCT Solutions*
519	Clarius Mobile Health	106	Pal Technologies
817	Clix Therapy	118	Parker University*
617	Clinical Exercise Physiology Association (CEPA)	217	Parvo Medics
206	Cometa Systems, Inc	225	Phi Epsilon Kappa Fraternity*
425	CORTEX Biophysik GmbH	107	Point Loma Nazarene University
205	COSMED	319	Qualisys
624	Computer Sports Medicine Inc. (CSMi)	105	Qubit Systems Inc
528	d9 Designs Inc.*	526	Rocky Mountain University of Health Professions*
804	Dartfish USA	227	Royalpulse USA*
117	Delsys Inc	416	SpiroFit/SpiroFit USA
530	ExpertVoice*	815	Sports Medicine and Health Science
809	Fitabase	832	Sports Resource Group, Inc
718	Florida Gulf Coast University	232	Lactate.com
220	Forrest T Jones & Company, Inc	808	Springer Nature
327	Fulcrum Health Ltd*	825	StepCraft*
720	gadgetly*	406	Technogym
405	Gatorade Sports Science Institute	219	Texas A&M University*
726	General Intelligence Systems Inc.*	426	The College of St. Scholastica*
724	GE Healthcare	722	The Power of Sports for Amputees*
625	Genova Diagnostics	813	Theia Markerless
133	Golden Smart Home Technology Corp*	305	Therabody
428	Harding University*	331	Trace Minerals*
104	Health and Fitness Technologies, LLC	224	Tradeline LLC
431	Health Currancy (UK) Ltd	819	US Navy Medical Recruiting
505	HealthCare International	805	VacuMed
204	Henka LLC	226	VALD Group, Inc
309	Hologic	232	VICON
307	Human Kinetics	623	Vital Dynamics*
704	ImpediMed	616	Vo2 Master
609	InBody	619	Wake Forest University
716	ISS Inc	731	Watkins-Conti Product, Inc*
222	IWorx Systems Inc.	605	Wolters Kluwer
208	Journal of Sport and Health Science	821	Woodway**
529	KORR Medical Technologies*	322	Wuhan Sports University*
		218	Xsensor Technology
		709	Zero Gravity*

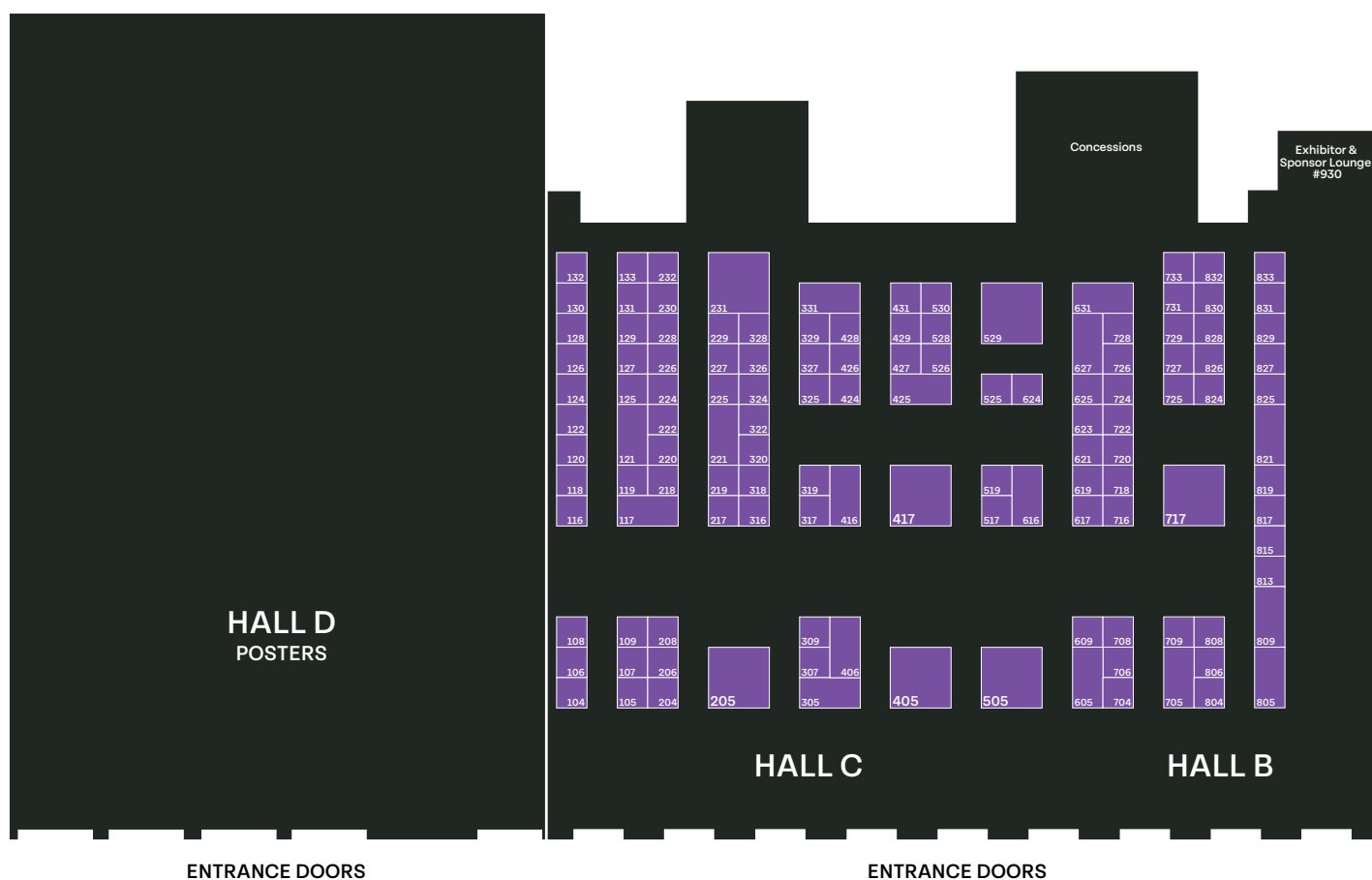
Booth Order

104	Health and Fitness Technologies, LLC	427	mBrainTrain*
105	Qubit Systems Inc.	428	Harding University*
106	Pal Technologies	429	NeuFit*
107	Point Loma Nazarene University Kinesiology Dept.	431	Health Currancy (UK) Ltd
	Lode b.v./ Electra-Med Corporation	505	HealthCare International
108		517	AEI Technologies
		519	Clarius Mobile Health
109	National Strength and Conditioning Association (NSCA)	526	Rocky Mountain University of Health Professions*
116	Labfront	528	D9 Designs Inc.*
117	Delsys Inc.	529	KORR Medical Technologies*
118	Parker University*	530	ExpertVoice*
119	Motion Analysis Corporation*	605	Wolters Kluwer
133	Golden Smart Home Technology Corp*	609	InBody
204	Henka LLC	616	VO2 Master Health Sensors, Inc
205	COSMED	617	Clinical Exercise Physiology Association (CEPA)
206	Cometa Systems	619	Moxy Monitor / Wake Forest University
208	Journal of Sport and Health Science	623	Vital Dynamics*
		624	Computer Sports Medicine Inc (CSMi)
217	Parvo Medics	625	Genova Diagnostics
218	XSENSOR Technology Corporation	627	Bertec Corporation
219	Texas A & M University*	631	Noraxon USA Inc.
220	Forrest T. Jones & Company, Inc.	704	ImpediMed
221	BrainNovations & Vestibular Training Services*	705	MGC Diagnostics
	IWorx Systems Inc.	706	Lafayette Instrument
222	Tradeline LLC	708	Calmoseptine, Inc.
224	Phi Epsilon Kappa Fraternity*	709	Zero Gravity*
225	VALD Group, Inc	716	ISS, Inc.
226	Royalpulse USA*	717	Brooks Sports Inc.
227	American International College	718	Florida Gulf Coast University
229	BTS Bioengineering	720	gadgetly
231	Vicon	722	The Power of Sports for Amputees*
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305	Therabody	725	BODYCAP
307	Human Kinetics	726	General Intelligence Systems Inc.*
309	Hologic	727	Cambridge Innovation*
316	BIOPAC Systems, Inc.	728	OMCT Solutions*
317	Oculogica*	729	Carda Health*
318	Northeast College of Health Sciences*	731	Watkins-Conti Product, Inc*
319	Qualisys	733	Axio Centripetal Training*
320	Medi-Dyne*	804	Dartfish USA
322	Wuhan Sports University*	805	VacuMed
324	Kubios*	806	Luminos Pro*
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New Exhibitor/Sponsors Bold and *
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Exhibit Hall Floor Plan



325 ActivInsights

6 Nene Road
Bitcon Industrial Park
Kimbolton, PE28 0LF UK
heathers@activinsights.com

We are a digital health company simplifying access to real-world data through wearables, delivering activity, sleep and lifestyle insight for both clinical and academic researchers and healthcare professionals. With a commitment to improving global public health, ActivInsights is enhancing clinical practice and improving disease management.

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517 AEI Technologies

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ethan@aeitechnologies.com

Metabolic testing equipment and analyzers

Aeitechnologies.com

824 Alleviate LCC*

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alleviatepainllc@gmail.com

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exhibits@acsm.org

ACSM is the largest sports medicine and exercise science organization in the world, with nearly 50,000 international, national and regional members and certified fitness professionals.

acsm.org

229 American International College

1000 State St.
Springfield, MA, 01109, United States
susan.lachowski@aic.edu

Our Exercise Science program will advance students via classroom training, hands-on learning experiences, internships, and through community involvement.

aic.edu/school-of-health-sciences/program/exercise-science

329 AMTI

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terryg@amtimail.com

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733 Axio Centripetal Training*

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AXIO Centripetal Training delivers patented 360-degree resistance across every plane of motion – targeting the rotational instability that underlies most shoulder, rotator cuff, and overhead injuries. Designed by physical therapist Ted Bezemer, PT, MS, OCS, SCS, AXIO build functional strength, neuromuscular control, and joint stability. Trusted by MLB, NFL, NBA, and NHL, AXIO gives sports medicine professionals one tool for injury prevention, performance training, and rehabilitation.

axiotraining.com

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2500 Citygate Dr
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dilara.casey@bertec.com

Bertec's products have represented a legacy of excellence in biomechanics for over thirty years. We provide solutions founded in accuracy and precision. Our engineering is trusted worldwide to enable a deeper understanding of human movement.

bertec.com

316 BIOPAC Systems, Inc.

42 Aero Camino
Goleta, CA 93105, USA
brendad@biopac.com

Physiology data acquisition and analysis systems for research and education

Biopac.com

725 BODYCAP

3 rue du Docteur Laennec
14200 Herouville Saint Clair, France
s.moussay@bodycap.io

BodyCAP is a technology company that provides remote and reliable core body temperature monitoring solutions for the research, sports, and medical sectors.

Bodycap-medical.com

328 Brain Vision LLC*

515 N Greenfield Pkwy, Suite 100
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Brain Vision partners with scientists and institutions at the forefront of neurophysiological research, helping them select and effectively utilize state-of-the-art hardware and software from the world's leading manufacturers of EEG, fNIRS, non-invasive brain stimulation, peripheral physiology, experience sampling, eye tracking, and other solutions.

brainvision.com

221 BrainNovations & Vestibular Training Services*

16223 289th Circle
Shafer, MN, 55074, USA
sheila@SpinTheBrain.com

Brainnovation Network is a brain health ecosystem designed to improve access to better brain health solutions. We have a team of experts worldwide who create and curate technology, training and tools to optimize brain performance across a range of real-world settings.

brainnovationnetwork.com

717 Brooks Sports Inc.**

3400 Stone Way N Suite 500
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sports.med@brooksrrunning.com

Our mission is to inspire everyone to run their path to a better self.

Brooks.running.com

231 BTS Bioengineering

1354 Hancock Street, Suite 311
Quincy, MA 02169 USA
marta.corra@btsbioengineering.com

BTS Bioengineering develops cutting-edge motion capture technologies for the healthcare and sport sector, aiming to help people overcome mobility limitations and enhance their performance. Their tools are designed for professionals to achieve accurate analysis and effective therapies.

Btsbioengineering.com

708 Calmoseptine, Inc.

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727 Cambridge Innovation*

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cambridge-innovation.net/about-us

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817 Clix Therapy

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Clixtherapy.com

617 Clinical Exercise Physiology Association (CEPA)

**6510 Telecom Dr. Suite 200
Indianapolis, IN 46278, USA
cepa.esecretary@gmail.com**

The purpose of CEPA is to advance the scientific and practical application of clinical exercise physiology for the betterment of the health, fitness and quality of life for patients at high risk or living with a chronic disease. The aim of CEPA is to advance the profession of clinical exercise physiology through advocacy, education and career development.

acsm-cepa.org

206 Cometa Systems, Inc.

**21102 County Road 7560
Newburg, MO 65550, USA
sales@cometasystems.com**

Wireless EMG systems

Cometasystems.com

425 CORTEX Biophysik GmbH

**Walter-Köhn-Str. 2d
04356 Leipzig/Germany
info@cortex-medical.com
marketing@cortex-medical.com**

CORTEX Biophysik GmbH is a German MedTech company and global leader in mobile cardiopulmonary performance diagnostics. It develops advanced spiroergometry systems for medical, sports and research applications, enabling precise analysis of heart, lung and metabolic performance. Core products include METAMAX® and METALYZER®. The innovative C2in1 performance system introduces flexible licensing (permanent, temporary or pay-per-use) for next-generation performance testing.

cortex-medical.com

205 COSMED

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Concord, CA 94520, USA
USA@cosmed.com
ascofield@cosmed.com**

COSMED provides a complete portfolio of gold standard solutions for performance testing, including exercise testing, metabolic assessment and body composition analysis. Key products include the K5 Wearable Metabolic System, the Q-NRG Metabolic Monitor and the BOD POD GS-X Body Composition System. We also provide a comprehensive software solution called OMNIA that seamlessly integrates all products & data together to allow for analysis and trending.

Cosmed.com

624 Computer Sports Medicine Inc (CSMi)

**101 Tosca Drive
Stoughton, MA 02072, USA
info@csmisolutions.com
rob.potash@csmisolutions.com**

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d9designs.com

Key: New Exhibitor *; Sponsor Exhibitor**

804 Dartfish USA

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gina.fogue@dartfish.com**

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Dartfish.com

117 Delsys Inc.

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blewis@delsys.com**

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Delsys.com

530 ExpertVoice*

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809 Fitabase

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hello@fitabase.com**

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Fitabase.com

718 Florida Gulf Coast University

**10501 FGCU Boulevard South
Fort Myers, FL, USA
mariebcollege@fgcu.edu**

At Florida Gulf Coast University (FGCU), learning meets innovation, and endless possibilities in Southwest Florida. The Marieb College for Health & Human Services advances the education, health, and well-being of our students through teaching excellence, impactful scholarship, and service. There are Undergraduate programs in Exercise Science, Health Sciences, along with Graduate programs in Physical Therapy, Occupational and Physical Therapy, Nursing, and Physician Assistant to name a few.

Fgcu.edu/mariebcollege

220 Forrest T. Jones & Company, Inc.**

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GParish@ftj.com**

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327 Fulcrum Health Ltd*

**6 Nene Road, Bicton Industrial Park
Grafham, Huntingdon
Cambridgeshire, PE28 0LF, United Kingdom
julie@fulcrumhealth.com**

Fulcrum Health is a leading physical medicine organization focused on improving movement, musculoskeletal health, and patient outcomes through innovative chiropractic, physical therapy, massage therapy, acupuncture, and rehabilitation solutions.

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720 gadgetly*

8176 Dinsmore
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gabriel@gadgetly.net

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405 Gatorade Sports Science Institute**

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GlobalGSSIEducation@pepsico.com

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Gssiweb.org/en

724 GE Healthcare

3000 North Grandview
Waukesha, WI 53188, USA
patrick.dragani@gehealthcare.com

Building on our heritage of innovation, we strive to overcome healthcare's greatest challenges by helping to improve diagnostic accuracy, simplify workflows, and boost efficiency. With over 130 years of innovation and topping the FDA's list with the most AI-enabled device authorizations*, our solutions help give clinicians the clarity to make confident, timely decisions that improve outcomes. Together with providers worldwide, we're creating a future of personalized, connected and compassionate healthcare that has no limits.

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726 General Intelligence Systems Inc.*

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jose@gi37.com
gi37.com

625 Genova Diagnostics

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Asheville NC, 28801, USA
connect.gdx.net/help

Genova Connect, powered by Genova Diagnostics, offers easy access to advanced lab tests, covering key health areas like gut health, nutrition, immune function, and hormones. Through Genova Connect, individuals can gain insights into their health and find ways to improve their well-being.

gdx.net/getstarted

133 Golden Smart Home Technology Corp*

2nd Floor, No.10, R&D 2nd Road
Hsinchu City, Hsinchu Science Park, Taiwan
dongyan.wang@goldensmarthome.com.tw

Golden Smart Home focuses on the health promotion industry, providing smart medical devices and intelligent rehabilitation/fitness equipment that enable valuable collection, analysis, and application of physiological data.

goldensmarthome.com.tw

428 Harding University*

Cardiac Function & Interventional Technology Program
915 East Market Ave.
Searcy, AR 72149, USA
krturley@harding.edu

The Cardiac Function and Interventional Technology (CFIT) program at Harding University is a 10-month, industry based, cohort master's degree that provides specialized, hands-on training in cardiac rhythm management, electrophysiology, and interventional procedures to prepare students for careers in the cardiac device industry. It combines industry-based instruction, clinical experience, and leadership development to equip graduates with the technical skills and professional knowledge needed to improve patient care and advance in this growing field.

harding.edu/cfit

104 Health and Fitness Technologies, LLC

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brad@coordinationbag.com

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431 Health Currancy Ltd

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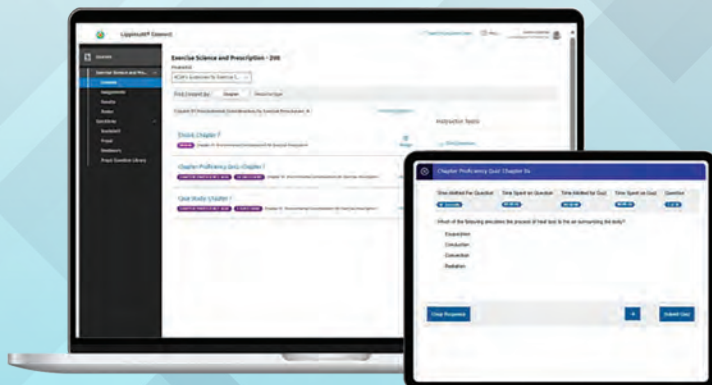


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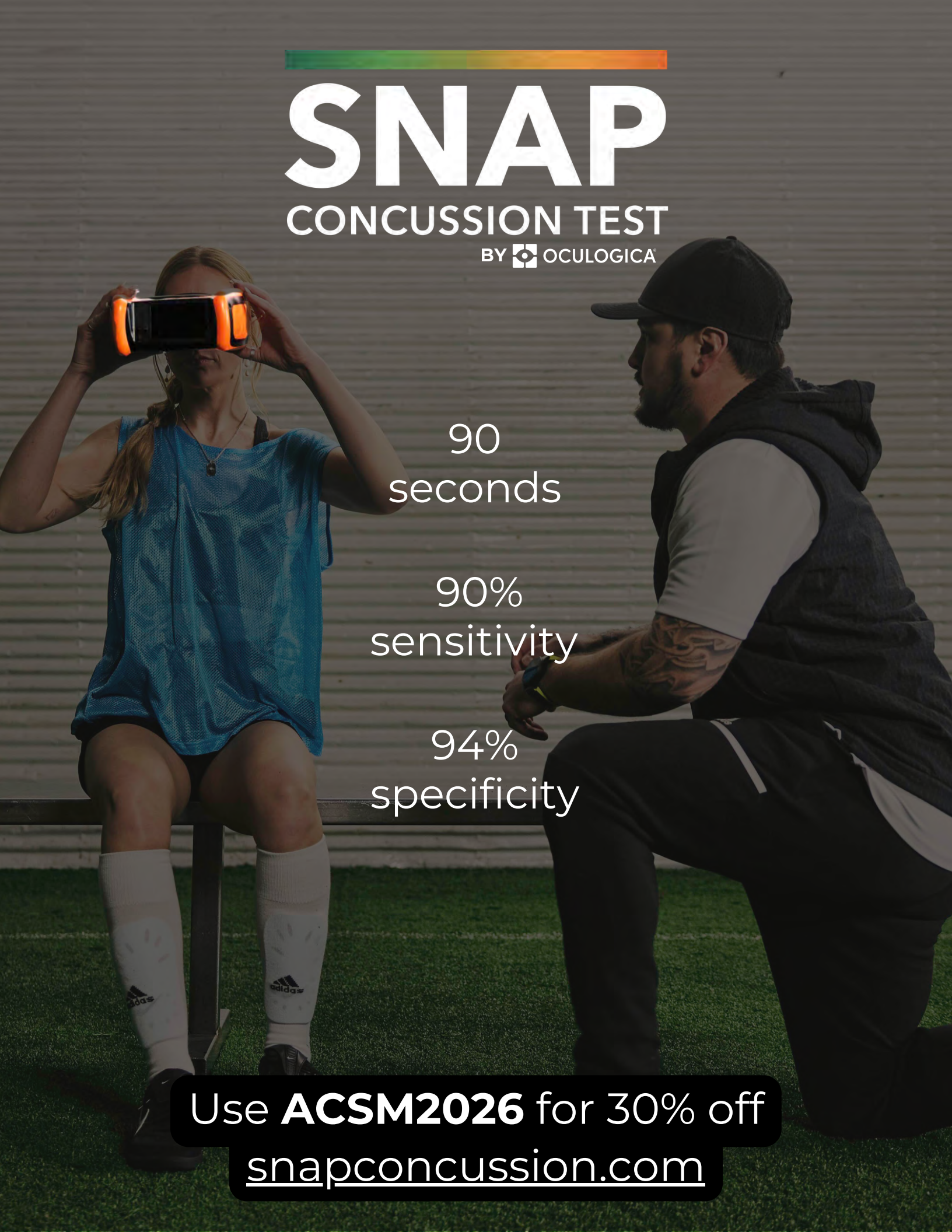
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- Completed bachelor's degree in a related field
- Completion of required prerequisite courses prior to enrollment.

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- Exercise and Nutrition Science Theory
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ACSM Honors

Friday: 5:45 – 9 p.m.

Room: Hyatt Regency SLC – Salt Lake C

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Resistance Exercise-Induced Hypertrophy: Mechanisms and Emerging Technologies

Tuesday: 4 – 5:30 p.m.

Room: CC-355B

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EIM-OC Reception

Wednesday: 6 – 7 p.m.

Room: Hyatt Regency SLC – Salt Lake D

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Student Bowl

Wednesday: 7:30 – 9 p.m.

Room: Hyatt Regency SLC – Salt Lake C

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Rathbone/Drinkwater Networking Reception

Thursday: Approx. 8:50 a.m. following the 50-minute lecture

Room: CC-255E

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Woodway Solutions Showcase: Woodway Presents - Cortex C - 2 in1 - The Next Level in Metabolic Testing

Thursday: 11:30 a.m. to 12:30 p.m.

Room: Grand Ballroom B

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Clinician's Reception

Thursday: 6 – 7 p.m.

Room: Hyatt Regency SLC – Salt Lake D

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Avenues Ridge Guided Hike

Friday: 6 – 9 a.m.

Room: Avenues Ridge – Off-Site

Limited Spots – Pre-Registration Required

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The Gold Standard: A Summit on Multidisciplinary Training in Olympic Snow Sports

Saturday: 8 a.m. to 1 p.m.

Room: Center of Excellence – Off-Site

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